



# CAYMAN ISLANDS AMATEUR SWIMMING ASSOCIATION

P.O. Box 1771, Grand Cayman  
British West Indies. Tel: 809-94.

NEWSLETTER No.1

AUGUST 1986

At last, here it is! The first CIASA Newsletter to be produced. So what is it for?, Who is it for?, and what will be in it?

Well, the answer to these and other points can be summarised as follows; The CIASA Newsletter will only be sent to members, and will contain news, views, articles, results of swim meets, and any other information about swimming, life-saving, and other water sports in which CIASA is involved.

The Newsletter is the responsibility of Sue Hale, CIASA's publicity officer and will be published as and when there is sufficient material to fill it. This is where the members come in - there was bound to be a catch! A newsletter can't exist without news and views etc., and so Sue will be actively encouraging your comments and articles. It is intended that these will be on a wide range of subjects and aimed at all levels.

So, bearing that in mind, start sending your letters to Sue at the Association's address: PO Box 1771, Georgetown.

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## FORTHCOMING EVENTS

A One Mile Swim is being held on Sunday 28th, September on Seven Mile Beach at 8.00am. The course will start at the Holiday Inn and the finish will be at Public Beach. The Lobster Pot Restuarant on West Bay Road will be sponsoring the event and prizes will be awarded for the winner and runner-up in each category plus a trophy for the first overall swimmer. There will be male and female categories in each of the following age groups: 11 and under, 12 - 13, 14 - 17, 18 - 34, and 35 and over. Note that all ages for these categories is the age of the swimmer as at 1 January, 1986.

The two events following this will be during Pirates Week, which this year starts on Saturday 26th October, when the traditional Three Mile Swim ~~will be held~~. The Half Mile Swim, which will be sponsored by Fosters Food Fair will take place the following week-end on Saturday 1st November. Both events will be in the afternoon - so get practicing!

Later in the year, for those of you who can run and cycle as well as swim (the real tough guys! [and girls!]), the Nautilus/Bud Light Triathlon will be staged. This consists of a Half Mile Swim followed by a twenty mile cycle ride and topped off with a five mile run. This event will be held on Sunday, 13th December in the South Sound area.

If this lot leaves you breathless at the thought of them, then don't despair you can still be of use by assisting at one or more of these events. If so, please get in touch with Ann Stafford at the Clubs' address or on 9-4698.

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NEWS...NEWS...NEWS...NEWS...NEWS...NEWS...NEWS...NEWS...NEWS...

CONGRATULATIONS! to Claire and Peter Stafford on the birth of a baby girl, Laura Ann. Rumour has it that they've already enroled her for next summer's swimming programme!

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RESULTS...RESULTS...RESULTS...RESULTS...RESULTS...RESULTS...

As this is the first newsletter there is rather a backlog of results to be listed and so we thought it would make more sense to list the oldest ones first. So we've started with the 1980 Pirates Week Swim and come up to date with the winners of each category in each event since then with the men on the right and ladies on the left. Where a visitor has won an event, the time of the first Cayman resident has been given as well. We do not have the results for one or two races, so if you have these or know of someone who has them please let us know. Thanks must go to Ann Stafford for compiling these lists.

Pirates Week Three Mile Swim      George Town Dock to Villas of the Galleon

1980	Darby Bodden	1:39:00	1	Sandy Tatham	9
1981	Shane Foster	1:24:00	1	Charlotte Malabre	2:23:00 13
1982					
1983					
1984	Shane Foster	1:25:08	1	Judith Allen	1:41:24 6
1985	Reg Koster	1:13:58	1	Carole Page	1:47:40 7

Triathlon: One Mile Swim - Individual      Ports of Call Restaurant

1982	Carson Ebanks	26:52	1	*Lyn Schermerhon	35:52 10
				Linda Barlow	38:54 13
1983	*Patrick Poupart	28:40	1	*Kit Teasdel	32:16 7
	Carson Ebanks	28:55	2	Laura Ribbins	38:08 13
1984	Alfred Ebanks	25:52	1	Judith Allen	30:54 8
1985	No event held				

Triathlon: One Mile Swim - Team      Ports of Call Restaurant

1982	*Andrew Phillips	19:22	1	Jane Gibson	37:17 10
	Michael Day	25:22	2		
1983	Nigel Phillips	32:27	2	Belinda Burrowes	31:12 1
1984	Johnathan Miller	29:16	1	Amanda Cowan	37:47 10
1985	No event held				

ONE MILE SWIM      23 June, 1985      Public Beach to Holiday Inn

13 & under	Dominic Harding	37:42	17	Susan Brown	45:51 34
14 - 18	Dax Foster	32:47	8	Tara Leslie	42:00 31
19 - 35	Reg Koster	24:20	1	Judith Allen	28:41 4
36 & over	John Stafford	33:13	9	Jan Pereira	48:18 41
	Reg Koster	24:20		Judith Allen	28:41 4

HALF MILE SWIM 28 Sept. 1985 De-sal pipes to Public Beach

10 & under	Dominic Ross	21:29	42	Tammy Wilson	18:16	17
11 - 14	Roger Myers	18:25	19	Anna Pitts	22:19	44
15 - 19	Chris Lundie	17:03	11	Tara Leslie	20:58	38
20 - 35	Reg Koster	12:46	1	Carole Page	15:44	7
36 & over	John Stafford	15:32	5	Doreen Ross	22:49	51
	<u>Reg Koster</u>	<u>12:46</u>		<u>Carole Page</u>	<u>15:44</u>	<u>7</u>

HALF MILE SWIM 20 Oct. 1985 De-sal pipes to Public Beach

10 & under	Dominic Ross	21:30	39	Tammy Wilson	18:42	15
11 - 14	Austin Harris	19:06	20	Cathryn Tyler	20:35	29
15 - 19	John Smith	17:46	11	Tara Leslie	21:05	35
20 - 34	Reg Koster	12:36	1	Wendy Kee	18:54	18
35 - 49	John Stafford	15:37	6	Robin Alexander	20:51	31
50 & over	J. G. Hollander	20:25	27	-		
	<u>Reg Koster</u>	<u>12:36</u>	<u>1</u>	<u>Tammy Wilson</u>	<u>18:42</u>	<u>15</u>

NABISCO TEAM TRIATHLON "1/2 Mile Swim" 1 March 1986 South Sound

Peter Stafford	10:12	1	Carole Page	12:12	5
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HALF MILE SWIM 8 June 1986 De - sal pipes to Public Beach

8 & under	Tristan Abbott	19:03	40	Lucy Benbow	22:08	61
9 - 11	Dominic Ross	18:17	34	Tammy Wilson	15:04	11
12 -13	Neil Ross	18:35	35	Cathryn Tyler	16:46	24
14 -17	Frank Balderamos	16:30	19	Kira Smith	16:05	17
18 -35	Peter Stafford	11:46	1	Carole Page	13:32	4
35 & over	John Stafford	14:36	7	Jan Pereira	20:04	51
	<u>Peter Stafford</u>	<u>11:46</u>	<u>1</u>	<u>Carole Page</u>	<u>13:32</u>	<u>4</u>

N.B. Figure in last column denotes position overall

\* denotes visitor

N.B. 3 Mile Swim and Triathlon Swims have not always been over exactly the same course.

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COMING SOON....COMING SOON....COMING SOON....COMING SOON....

In future newsletters we hope to bring you full results of the Lions/CIASA Swim Meet, and of those events yet to come together with some frighteningly fast times of U.S. age group swimmers and World Records for each commonly recognised stroke and distance with which you can compare your performance!



# CAYMAN ISLANDS AMATEUR SWIMMING ASSOCIATION

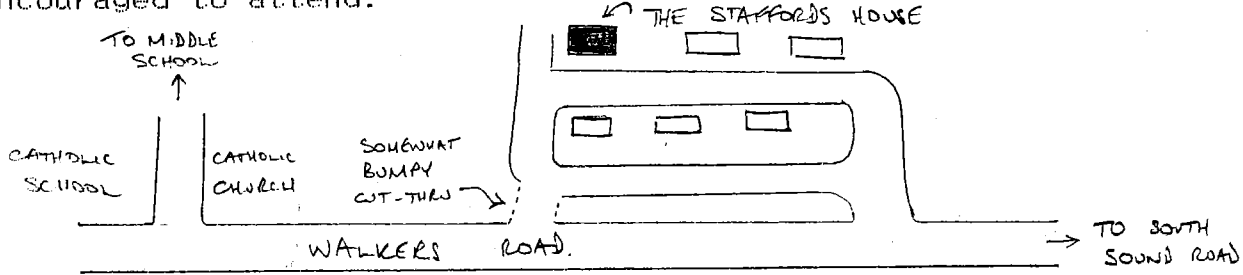
P.O. Box 1771 . Grand Cayman .  
British West Indies .

## CAYMAN ISLANDS AMATEUR SWIMMING ASSOCIATION

NEWSLETTER No.2

NOVEMBER 1986

This second newsletter has lots in store, but first an important date for your diary. The Association is holding its inaugural Annual General Meeting at 7.30pm on Wednesday, 19th November, 1986 at the Staffords' house, which is located off of Walkers Road. All members are invited, indeed positively encouraged to attend.



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### NEWS...NEWS...NEWS...NEWS...NEWS...NEWS...NEWS...NEWS...NEWS...

The Lion's Pool has, at last, got a new Pool Director, Gilbert Finnie, who, as you might have read in the Compass recently, has had a lot of experience running pools in the Chicago area. We would like to welcome him to his new job, and the Association looks forward to working with him in Cayman. He is currently working on a new swimming programme and school swimming sessions should begin shortly.

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### FORTHCOMING EVENTS

It will probably be too late for you to enter the Pirate's Week Half Mile Swim by now, but you can have no excuses next time, because this is the, albeit provisional, swim calendar for the first half of next year.

1987		
January	31	Pool Meet (probably for primary school children)
February	21	Pool Meet (probably for non-primary schools)
March	7	Nabisco Team Triathlon
April	4	Pool Meet (probably open to all)
May	3	Half Mile Sea Swim
June	6	CIASA/Lions Pool Meet
June	21	One Mile Sea Swim

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INFO....INFO....INFO....INFO....INFO....INFO....INFO....INFO....

Reg Koster has produced the following information on swim gear.  
Bathing Suits and Costumes

Both boys and girls should try to obtain streamlined swim wear. The leading manufacturers in the world are SPEEDO and ARENA. It may be difficult to obtain these brands in Cayman, so try getting them on visits to the U.S. or persuade local retailers to stock them. Other makes will do, but boys should avoid Bermuda shorts as baggy trunks give too much resistance, while girls should go for high-necked one piece costumes.

Nylon is the best material for costumes for training. Lycra costumes are a superior quality to Nylon and more expensive but will fade with ten to fifteen uses. Top swimmers tend to have several Nylon costumes for training and possibly a Lycra one for races only, however, a good Nylon costume on a person who trains hard will always beat someone in Lycra who didn't train!

All swimming costumes should be rinsed in tap water after use in pool or sea and hung to dry (not in direct sunlight).

Goggles

Far too many people arrive at training without goggles. By now everyone should have their own pair. Arena and Speedo both have good models of goggles that can be bought in Cayman's shops. Speedo goggles can also be bought from the Swimming Association at \$7.00 a pair, which courtesy of Renard's Sportsworld is cheaper than you can get elsewhere - see Sue Hale at training sessions for further details.

The biggest myth heard at the Lions' Pool during the past few months is that "these goggles don't work!". There is rarely such a thing as a pair of goggles that do not work. You must spend a little time adjusting your new goggles. First adjust the plastic bit over the nose and then adjust the elastic strap that goes round your head. Do this outside of training time!

Goggles should be wetted on the inside with some saliva and then quickly rinsed in the water. The saliva prevents the goggles from misting up, and also helps with suction against the face. You may need to do this several times during a training session.

Some goggles have the soft felt lining which gives more of a cushion against the eye area, but these tend to have the lining come loose after a few months. Goggles with plastic cushions do not have this problem but are not as easy to get used to.

All goggles will adjust to the contours of your face and with a little perseverance should not leak, steam up, etc. This is why it is not wise to borrow other peoples and why you get your own.

It is also worth practising (outside the limited amount of training time we have) race diving with goggles on. This is a technique that requires the head to be facing down as you hit the water, otherwise your goggles will be pulled down your face - not something you want to happen in a swim meet, so practice now.

As with costumes, rinse goggles in water and don't leave them in direct sunlight. Also, if you want to keep your goggles PUT YOUR NAME ON THE STRAP IN BALLPOINT PEN!! Too many pairs are found at the Pool, with your name on them you stand a good chance of getting them back, and it avoids confusion with similar pairs.

RESULTS.....RESULTS.....RESULTS.....RESULTS.....RESULTS.....RESULTS.....

First we have the results of the Corporate Cup Road Relay, in which each team member ran, rather than swam, 2K.

Men		Ladies		Mixed	
1. Tony Hale	6.46	Ann Stafford	8.28	Roland Crouch	7.40
2. John Elliott	7.11	Fran Crouch	8.42	Andrew Elliott	7.32
3. Reg Koster	6.26	Clare Joy	10.31	Kira Smith	8.59
4. Grant Stein	7.09	Ann Elliott	8.45	Sylvester Subran	6.51
5. Malcolm Davies	6.23	Sue Hale	8.57	Greg Rivers	7.38
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Total Time	33.55		45.23		38.40
Overall Position	4th		18th		9th
Category Position	4th		1st		1st

\*\*\*\*\* CONGRATULATIONS TO THE LADIES' AND MIXED TEAMS! \*\*\*\*\*

And, hot off the press, the results of the Pirates Week Three Mile Swim:

1. Chris Gibbs	1.09.23	10. Tim Davies	1.33.58
2. Angus Edghill	1.09.24	11. Frankie Flowers	1.34.23
3. Roland Crouch	1.11.03	12. John Stafford	1.35.17
4. Reg Koster	1.14.12	13. Shane Foster	1.37.06
5. Alfred Ebanks	1.14.52	14. Peter Larder	1.48.27
6. Peter Stafford	1.15.59	15. Ian Saville	1.55.50
7. Frances Crouch	1.17.26	16. Frank Banks	1.56.30
8. Victor Thompson	1.22.46	17. John Davies	2.03.18
9. Doug Bickerton	1.32.26	18. Sue Hale	2.37.57

The top two places in this event were taken by two Barbadians who had been training specially for the event. We think their trip was worthwhile!

Here are the results of the CIASA/Lions' Pool Meet:

	Male		Female	
<b>Under 7</b>				
15 metres freestyle				
	Praveen Allen	13.8	Lisa Abbott	13.7
4 x 15 metres freestyle relay				
	Ben Tressider		Audrey Rankine	
	Ryan Foster		Jane Bettany	
	Robert Jones		Tina Abbott	
	Trent Myles	1.14.6	Lisa Abbott	1.04.2
<b>7 to 8 year olds</b>				
25 metres freestyle				
	James Bettany	19.1	Lucy Benbow	19.3
25 metres backstroke				
	James Bettany	24.5	Lucy Benbow	23.3
4 x 25 metres freestyle relay				
	Stuart Hughes		Melanie Cumber	
	William Jones		Tina Rea	
	Tristan Abbott		Erika Turnaretscher	
	David Alberga	1.35.0	Carol Phelps	1.40.7
<b>9 to 10 year olds</b>				
25 metres freestyle				
	Jason Burke	18.0	Tammy Wilson	18.7
25 metres backstroke				
	Jason Burke	21.2	Deborah Bowerman	20.0
25 metres breaststroke				
	Dominic Ross	24.5	Marita Pereira	22.2

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RESULTS.....RESULTS.....RESULTS.....RESULTS.....RESULTS.....RESULTS.....

Male		Female	
<b>9 to 10 year olds (continued)</b>			
4 x 25 metres freestyle relay			
Anthony Lawson		Joni Solomon	
Wayne Kirkconnell		Shian Ebanks	
Dominic Ross		Lynn Rankin	
Jason Burke	1.33.0	Tammy Wilson	1.21.3
<b>11 to 12 year olds</b>			
50 metres freestyle			
Andrew Elliott	39.0	Cathryn Tyler	38.6
50 metres backstroke			
Curtis Wilson	55.2	Cathryn Tyler	43.9
50 metres breaststroke			
Curtis Wilson	51.0	Anna Pereira	55.1
4 x 25 metres freestyle			
Andrew Elliott		Does anyone have this result?	
Martin Leggatt			
Jason Burke			
Ed Dingler	1.15.5		
<b>13 to 14 year olds</b>			
50 metres freestyle			
Richard Bodden	35.0	Tracey Elliott	37.9
50 metres backstroke			
Joel Scott	1.01.6	Sarah Rowlands	1.02.4
50 metres breaststroke			
Frank Balderramos	53.1	Tracey Elliott	53.7
4 x 25 metres freestyle relay			
Shane Ebanks		Tracey Elliott	
Tippy Whittaker		Tara Leslie	
Joel Scott		Krista Smith	
Dean Scott	1.???.?	Dorra Tatum	1.09.9
<b>15 to 17 year olds</b>			
50 metres freestyle			
Clinton Ebanks	33.7	Krista Tickemyer	32.8
50 metres backstroke			
Sylvester Subran	40.4	Tanya Rowlands	50.1
50 metres breaststroke			
Sylvester Subran	45.6	Krista Tickemyer	43.9
4 x 25 metres freestyle relay			
James Bush		Does anyone have this result?	
Kline Ebanks			
Gavin Marks			
Curtis Eldemire	1.???.?		
<b>Open</b>			
100 metres freestyle			
John Barron	1.05.2	Krista Tickemyer	1.17.5

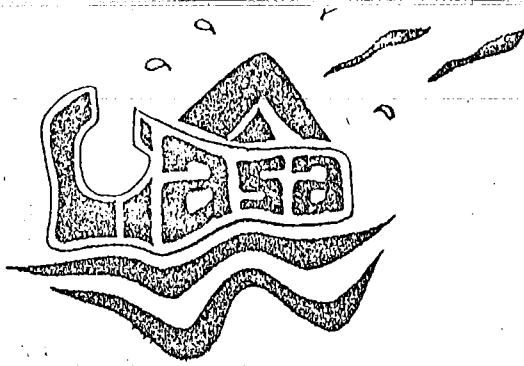
If you're wondering what happened to the One Mile Swim results, well there just wasn't room....next time!

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COMING SOON.....COMING SOON.....COMING SOON.....COMING SOON.....

Plenty more results to come, the One Mile Swim, the Half Mile Swim, details of the A.G.M. and lots more.

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CAYMAN ISLANDS  
AMATEUR SWIMMING  
ASSOCIATION  
P.O. Box 1771 Grand Cayman  
British West Indies

CAYMAN ISLANDS AMATEUR SWIMMING ASSOCIATION

NEWSLETTER - JUNE 1988

Since the last newsletter there has been considerable sporting activity on the Cayman scene. The following are some of the major events in which CIASA members competed.

13th February, 1988 - POOL MEET

A well supported event, the results of which reflected the improving standards of Cayman swimming. Spectators were treated to exciting races in which 17 records were bettered.

Outstanding swimmer trophies were awarded to Caroline Sullivan and Tristan Abbott.

5th March, 1988 - CUC CARIFTA TRIALS

The official trials for selection to the CARIFTA Team initiated some fierce competition in the course of which 21 records fell. Outstanding swimmer trophies were presented to Caroline Marr and Tristan Abbott.

4th April, 1988 - JUNE BORDEN'S PIZZA, YOUTH IN ACTION SWIM RELAY

On Easter Monday at the Holiday Inn there was a good turnout for this new event. A number of teams competed and it is hoped that the event will become an annual one (full results attached).

8th - 11th April, 1988 - CARIFTA GAMES, JAMAICA

This is the first time that Cayman had sent a swim team to these games. Those selected were as follows:

15-20 yr. age group - James Bush, John Lawrence, Joan Everson  
14yrs. & Under age group - William Jones, Tristan Abbott, James  
Bettany, Tyrone Rojas, Caroline  
Sullivan

Although no medals were won, the experience gained will prove valuable for the future and our young competitors enjoyed meeting swimmers from other nations and comparing experiences. The team was accompanied by Gil and Eleanor Fennie, Richard Jones and Colin Abbott. Some parents joined the team as supporters and cheer leaders. Sponsorship was kindly provided by The Lion's Club.



#### 9th April, 1988 - CABLE & WIRELESS HALF MILE SWIM

Almost 80 swimmers gathered on Seven Mile Beach in fine weather for this popular event. Entrants spanned three generations often within the same families - some serious competitors, others there purely for the fun of participation. The fastest competitors were Frances and Roland Crouch in the ladies and mens respectively with excellent performances being recorded by Brad Maron and Caroline Marr. (Full results attached).

#### 24th April, 1988 - HYATT REGENCY DON'T TRY DRUGS TRI FITNESS TRIATHALON

On a fine, sunny day 49 competitors vied for supremacy in this tough event. Members of the club showed well with Alfred Ebanks, 1988 Sportsman of the Year, just out-gunning Peter Stafford on the run to win the men's event. The event was also graced by a celebrity team competing for charity and led by H.E. The Governor with David Foster and Miss Cayman, Desiree Hunter as team-mates. (Full results attached).

#### 28th May, 1988 - NABISCO TEAM TRIATHALON

In cloudy conditions with the sea extremely choppy, 23 teams competed in this mixed ability race. The winners were led off in the swim by Marita Pereira, a strong bike ride by Chris Weaver, and brought in by Ray Welds on the run. The family division, an interesting innovation, was won by the "Kings". Special mention should be made of Caroline Sullivan who went to the assistance of a fellow swimmer. It was great to see a selfless sporting action by one so young - an example to us all. An extra thank you to Clare Joy, without whose efforts this interesting event would not have proceeded. (Full results attached).

#### 4th June, 1988 - LIONS CLUB NATIONAL SWIMMING CHAMPIONSHIPS

On a fine day (just missing the torrential rains of the previous week) competitors gathered for this annual event sponsored by the Lion's Club. Skilfully handled by the Fennies, the racers endeavours were rewarded by some fine performances.

There was a strong contingent from the Brac who performed creditably, especially as there is no longer any training pool for them to use. Their air fares were generously paid for by the Lion's Club.

Outstanding swimmer trophies were awarded to Lucy Benbow and John Lawrence.

#### 5th June, 1988 - MILO KIDS TRIATHALON

A tremendous turnout of 70 kids of all ages for this event including the Brac contingent who provided the winners in two of the age categories. Prizes were presented by Alfred Ebanks but there was something for all, the candy bars appearing to revive any flagging spirits. There was some controversy as to the winner of the boys 13-14 years, which hopefully in future adult officials will be able to eliminate. The Brac contingent again

showed well by winning three of the classes - an extremely well trained and disciplined team.

7-8 Boys

- 1) Michael Cucknell 25.34
- 2) Adrian de Freitas 25.37
- 3) Richard Joy 26.40

9-10 Boys

- 1) Tristan Abbott 20.41
- 2) William Jones 23.24
- 3) Daniel King 23.31

11-12 Boys

- 1) Dominic Ross 40.57
- 2) Sacha Tibbetts 47.20
- 3) Ross Barlow 47.22

13-14 Boys

- 1) Manlio Connolly (no time)
- 2) Ross Reinke 38.54
- 3) Daniel Cummings 38.56

7-10 Girls

- 1) Samantha Erskine 21.29
- 2) Caroline Sullivan 23.40
- 3) Sharon Hedger 26.59

11-14 Girls

- 1) Marita Pereira 46.26
- 2) Marilyn Connolly 48.30
- 3) Patrice Donalds 53.53

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FORTHCOMING EVENTS - For your diary

Saturday 25th June, 1988 - OLYMPIC DAY WALK/RUN  
at The Rugby Club at 4pm.

A fun event to increase local awareness that 1988 is Olympic Year; featuring a 1 mile walk and a 5K run. All details from Evelyn Rockett - Tel: 95633

Friday 24th June, 1988 - HASH HOUSE HARRIERS' BUCCANEER BASH  
at the Racquet Club at 6pm.

A serious running event with races over 5K and 10K, and as an innovation, a 3K walk for those now exercising in that discipline. Registration at 5pm on the race day.

Sunday 26th June, 1988 - LOBSTER POT ONE MILE SWIM  
at the Holiday Inn at 8am.

Lets see a good turnout for this swim. Trophies to be awarded for overall winners and those in age categories.

30th July - 5th August, 1988 CENTRAL AMERICAN AND CARIBBEAN AMATEUR SWIMMING CONFEDERATION (CCCAN) VIII CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIPS Further details available from C.I.A.S.A. Executive Committee members.

Saturday 24th September, 1988 - TEXACO HALF MILE SWIM  
A new event - full details to be published.

Sunday 23rd October, 1988 - PIRATES WEEK THREE MILE SWIM  
A stamina event for serious swimmers - full details to be published.

Saturday 29th October, 1988 - FOSTER'S HALF MILE SEA SWIM

Saturday 10th December, 1988 - BUD LIGHT/CAYMAN NAUTILUS

TRIATHLON

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NEWS

HASH SPLASH

Every Tuesday at 5.30pm a group of swimmers meet at the de sal pipes (north of Governor's residence) on Seven Mile Beach for a half mile swim.

JACK NELSON SWIM CAMP

Held in Fort Lauderdale and directed by former world class swimmer, Jack Nelson, these courses represent an ideal opportunity for us to train with top swimmers in the U.S.A. At US\$ 300.00 per week, including room, 3 meals a day and a coaching programme, the camp represents a good value package. Further details available from members of the committee.

PERRIER UMBRELLAS

Four sunshades have been donated by Jacques Scott & Co. for use at the Lions Pool; these will provide some welcome shade for onlookers.

A.G.M. - 23rd February, 1988

A further report of this meeting has been circulated.

The following persons were elected to serve on the Executive Committee for 1988-89:

President	-	Richard Jones
Vice-President	-	Colin Abbott
Secretary	-	Clare Joy
Treasurer	-	Ron Sullivan
Fixtures Director	-	Peter Stafford
Captain	-	John Lawrence
Executive Director	-	Ann Stafford
Director	-	Greg Rivers
Publicity Officer	-	(Unfilled)

Roland Crouch was appointed auditor.

INTERNATIONAL OLYMPIC COMMITTEE SPORTS AND STUDY TROPHY 1987

C.I.A.S.A. nominee - Peter Stafford (3rd year law student).

NATIONAL SPORTS COUNCIL AWARDS 1987

C.I.A.S.A. nominees as follows:

Senior Sportsman	-	Alfred Ebanks
Senior Sportswoman	-	Frances Crouch
Junior Sportsman	-	Tristan Abbott
Junior Sportswoman	-	-
Outstanding Association	-	-
Sports Journalist	-	REDRAL
Sponsor of the Year	-	Jacques Scott & Co.
Sports Administrator	-	-

To date the only award made has been to Alfred Ebanks as Sportsman of the Year. Your committee spent a great deal of time and effort considering nominations and is very disappointed that awards in other categories have not been made.

#### CAYMAN ISLANDS OLYMPIC COMMITTEE AWARDS 1987

##### C.I.A.S.A. nominees:

21+ Male	-	Roland Crouch
21+ Female	-	Frances Crouch
Under 21 Male	-	Tristan Abbott
Under 21 Female	-	Claire Stafford

To date only the junior awards have been made to Edward Manderson and Racquel Morrison. It is hoped that the senior awards will be announced soon and that our nominees, as the most consistent competitive swimmers in Cayman, will be considered.

#### SUE HALE

Very shortly Sue Hale will be leaving Cayman to commence an exciting new job (and motherhood) in the U.K. Over the past few years she has devoted considerable time and effort in coaching youngsters, organising events and generally becoming involved in the sporting scene. We thank her for her endeavours, and wish her every success and happiness in the future.

#### BRAC POOL

Recently our fellow swimmers in the Brac have been deprived of their training pool. Up till now the management of Tiara Beach Hotel have kindly allowed training in their pool, but due to business pressures have had to withdraw this facility. We at C.I.A.S.A. perhaps can lend a hand to lobby government for funds, assist in private fund raising etc. With today's affluence in Cayman this project should not be too difficult to promote; any ideas??

#### THANKS

All too often in the heat and excitement of competition, the other contributors to the growth of sporting activity are forgotten. Our sponsors spend a great deal of time and money in promoting our events.

The Red Cross and Police cooperate selflessly in providing back-up services for us. Officials from other sports associations give time voluntarily to assist us; and last, but not least, parents continue to support the association in many ways not least by encouraging their children to swim.

Thank you to everyone.

Finally, in the context of the above, please remember that volunteers are always welcome. If you feel you can contribute in any area please contact your Executive Director, Ann Stafford.

CABLE & WIRELESS 1/2 MILE SWIM - RESULTS  
APRIL 9TH, 1988

MALE

<u>No.</u>	<u>Name</u>	<u>Time</u>	<u>Position</u>	<u>No.</u>	<u>Name</u>	<u>Time</u>	<u>Position</u>
<u>7 &amp; UNDER</u>				<u>18 - 34 YEARS</u>			
75	Robert Jones	28.11	1	1	Roland Crouch	11.36	1
80	Hamish Foster	32.31	2	2	Peter Stafford	12.00	2
<u>7 - 8 YEARS</u>				9	Steve Unwin	15.09	3
70	Frank Flowers	26.49	1	11	Martin Laidlaw	15.29	4
<u>9 - 10 YEARS</u>				12	T. Davies	15.39	5
34	Tony Whitty	18.50	1	16	Steven Rainer	16.20	6
<u>11 - 12 YEARS</u>				18	Greg Rivers	16.25	7
4	Brad Maron	12.47	1	21	Charles Hunt	16.37	8
25	Dominic Ross	17.53	2	22	J.M. LeSieur	16.45	9
43	Richard Sharp	20.15	3	29	Steve Clack	18.14	10
51	Martin Davies	21.46	4	33	Brian Elliott	18.33	11
57	Chris Burke	23.54	5	35	Chris Weaver	19.10	12
66	Alexander Paine	26.21	6	36	Leslie Roberts	19.20	13
67	Chris Kaufman	26.29	7	41	Jurg Kaufmann	19.50	14
73	Ross Barlow	27.21	8	47	Walt Strasser	20.57	15
77	Troy McCoy	30.34	9		Chris Jackson	DNF	
<u>13 - 14 YEARS</u>				<u>35 YEARS &amp; OVER</u>			
15	Martin Leggatt	16.11	1	5	Victor Thompson	13.04	1
17	Andrew Elliott	16.23	2	71	Frankie Flowers	14.37	2
23	Steven Burke	17.03	3	13	John Stafford	15.49	3
27	Robert Duggan	18.07	4	19	Hugh Thomas	16.27	4
53	Daniel Cummings	22.29	5	20	Randy Dunne	16.31	5
<u>15 - 17 YEARS</u>				24	Peter Larder	17.45	6
31	Kirk Lezama	18.17	1	32	Rodger Yeomans	18.24	7
				45	Ed Owen	20.36	8
				52	John Davies	21.58	9
				56	Roger Davies	23.47	10
				60	D. Williamson	25.00	11
				72	Jack Newton	27.16	12

CABLE & WIRELESS 1/2 MILE SWIM - RESULTS  
APRIL 9TH, 1988

FEMALE

<u>No.</u>	<u>Name</u>	<u>Time</u>	<u>Position</u>	<u>No.</u>	<u>Name</u>	<u>Time</u>	<u>Position</u>
<u>7 &amp; UNDER</u>				<u>13 - 14 YEARS</u>			
				6	Caroline Marr	14.34	1
				42	Claire Larder	20.02	2
				48	Anna Pereira	21.12	3
<u>7 - 8 YEARS</u>				<u>15 - 17 YEARS</u>			
50	Lisa Abbott	21.39	1	8	Jackie Marr	15.00	1
55	Jane Bettany	22.48	2		Tracey Elliott	18.15	2
59	Catherine Sharp	24.50	3				
68	Emily Davies	26.36	4				
69	Nicola Paine	26.41	5				
85	Alexandra Foster	-	6				
	Karen Linton	DNF					
<u>9 - 10 YEARS</u>				<u>18 - 34 YEARS</u>			
40	Samantha Erskine	19.49	1	3	Frances Crouch	12.10	1
54	Katherine Larder	22.43	2	10	Meredith Cramer	15.20	2
65	Nathecia Jackson	26.18	3	14	Claire Stafford	15.50	3
74	Kara Lezama	27.58	4	26	Celine Macken	17.56	4
76	Penny Patterson	30.00	5	28	Maggie Barnard	18.11	5
78	Anna Campbell	31.20	6	61	Anne Mervyn	25.38	6
79	Rebecca Garrick	32.09	7	63	Cicily Sylvester	26.07	7
83	Arshi Qazilbash		8				
<u>11 - 12 YEARS</u>				<u>35 YEARS &amp; OVER</u>			
37	Marita Pereira	19.23	1	38	Ann Stafford	19.30	1
49	Caroline Ayles	21.33	2	39	Bird Alexander	19.43	2
58	Rachel Garrick	24.01	3	44	Marjory Newton	20.23	3
64	Lyndsay Turner	26.17	4	46	Jan Pereira	20.41	4
82	Iram Qazilbash	35.25	5	62	Linda Barlow	25.38	5
				71	June Williamson	27.04	6
				81	Ingrid Watts	34.21	7
				84	Freda Bettany		8

HYATT REGENCY GRAND CAYMAN TRIATHALON 1988

Results

No.	Name	Swim Time	S/B Time	Bike Time	B/R Tran	Run Time	Total Time	Overall Position
57	Alfred Ebanks	16.38	2.07	39.53	1.00	20.23	1.20.01	1
79	Peter Stafford	15.17	1.47	40.05	0.40	23.31	1.21.20	2
91	Nicholas Baker	19.29	1.55	39.04	0.52	22.28	1.23.48	3
96	Gustavo Santi	17.56	2.13	43.34	0.23	22.24	1.26.30	4
55	Roland Crouch	14.31	2.36	44.16	0.58	24.39	1.27.00	5
92	Jim Fraser	20.04	1.59	42.51	1.23	21.43	1.28.00	6
69	Celine Macken	23.16	1.58	40.40	0.59	24.05	1.30.58	7
87	Karl Weiss	14.32	2.11	49.09	0.22	24.56	1.31.10	8
54	Frances Crouch	15.44	2.20	49.15	0.31	25.06	1.32.56	9
86	Chris Weaver	22.19	1.57	43.16	0.30	24.54	1.32.56	10
56	Brian Davis	19.05	2.30	46.12	1.21	24.30	1.33.38	11
84	Victor Thompson	17.11	3.36	47.41	0.49	25.41	1.34.58	12
59	Michael Gardner	22.01	2.08	44.21	1.17	25.26	1.35.13	13
70	Ed Owen	26.13	3.31	42.01	0.51	22.46	1.35.22	14
75	John Nilsen	19.10	3.30	49.45	0.57	23.08	1.36.30	15
60	Peter Gross	18.29	3.51	48.25	1.14	25.43	1.37.14	16
53	Lucinda Bennett	22.15	2.28	49.19	0.51	23.15	1.38.08	17
64	Pat Hurren	22.11	1.57	47.07	0.39	26.33	1.38.25	18
67	Peter Larder	20.48	2.09	46.58	1.10	27.37	1.38.42	19
82	Hugh Thomas	21.04	1.51	51.55	1.05	23.06	1.38.51	20
73	Louise Renton	20.53	2.29	47.59	1.12	26.21	1.38.53	21
100	Thomas Addison	19.08	4.18	54.04	0.57	21.44	1.40.11	22
58	John Erikson	21.54	2.27	48.10	1.46	27.15	1.40.32	23
81	Walt Strasser	23.59	2.29	46.42	0.47	28.03	1.42.00	24
97	Greg Rivers	20.44	3.48	50.49	1.14	25.39	1.42.14	25
98	Richard Abruzzo	30.38	2.47	42.30	1.26	25.10	1.42.31	26
51	"Celebrity"	22.09	1.32	46.38	0.18	32.14	1.42.51	27
63	Charles Hunt	20.38	4.09	48.58	1.21	28.36	1.43.00	28
101	Steve Unwin	19.32	3.56	50.01	1.08	27.53	1.43.30	29
93	John Stafford	19.23	2.45	48.34	1.42	31.14	1.43.38	30
76	Leslie Roberts	23.53	3.21	48.31	0.32	28.01	1.44.18	31
65	Jurg Kaufmann	24.50	3.19	47.46	0.49	27.39	1.44.23	32
99	Kim Garrell	21.18	3.01	57.00	0.34	22.22	1.44.25	33
52	Mandy Basham	24.20	3.02	49.11	1.15	27.00	1.44.48	34
95	Timothy Ayles	25.57	2.32	47.51	0.54	27.44	1.44.58	35
85	John Wardlaw	26.05	3.05	48.26	0.37	27.01	1.45.14	36
62	Sue Hale	25.59	2.14	49.42	1.06	26.29	1.45.30	37
78	Anne Stafford	24.36	2.22	51.54	1.11	28.11	1.48.14	38
61	Michael Haines	24.21	4.12	50.24	1.15	30.31	1.50.13	39
90	Matthew Grant	30.11	2.37	46.14	0.46	31.06	1.50.54	40
88	Rodger Yeomans	22.27	3.04	52.56	1.09	31.51	1.50.57	41
74	Alan Bloomrosen	24.48	3.02	55.25	1.39	29.26	1.54.20	42
77	Bill Schumann	28.00	5.23	46.16	3.30	34.54	1.57.03	43
66	Melissa Kirkwood	25.50	4.19	57.20	1.08	35.05	2.03.42	44
94	John Fleming	26.34	4.53	55.40	1.28	44.51	2.13.26	45
83	Derrick Thomas	52.06	2.15	51.46	0.46	26.44	2.13.37	46
68	Michael Lee	44.45	3.11	54.54	0.57	34.27	2.18.14	47
89	Dan Zdan	36.13	5.55	59.24	1.39	38.08	2.21.19	48

## NABISCO TEAM TRIATHALON RESULTS

### Open Division

<u>Swim</u>		<u>Cycle</u>		<u>Run</u>		<u>Overall Time &amp; Position</u>
M. Pereira	16.54	C. Weaver	25.42	R. Welds	18.40	1- 61.16
N. Jordan	15.57	G. McClean	27.08	R. Koster	18.17	2- 61.22
M. Leggatt	15.30	E. Owen	24.57	A. Stafford	24.37	3- 63.04
T. Whitty	16.30	G. Stein	24.52	F. Crouch	21.54	4- 63.24
J. Marr	13.28	D. Cummings	31.18	A. Ballantyne	20.04	5- 64.51
C. Marr	12.49	M. Grant	26.45	B. Gardner	25.19	6- 64.53
L. Abbott	19.37	A. Scott	27.16	C. Connolly	19.10	7- 66.03
C. Sullivan	22.57	R. Reinke	26.45	M. Davies	18.18	8- 68.00
V. Thompson	12.00	M. Richter	27.16	B. Jones	29.23	9- 68.39
T. Abbott	15.15	I. Paireau	30.17	B. Eccles	25.19	10- 68.49
J. Davies	22.32	P. Stafford	24.14	C. Chaffe	22.21	11- 69.07
P. Larder	14.51	J. Phillips	24.20	P. Donalds	30.49	12- 70.00
F. Flowers	13.23	S. Unwin	28.36	P. Costello	28.38	13- 70.37
J. Bettany	14.27	C. Jackson	26.41	M. Connolly	29.34	14- 70.42
G. Rivers	15.44	J. Whittaker	35.30	J. Cummings	20.59	15- 72.13
C. Stafford	14.47	R. Marshall	38.06	L. Bennett	21.48	16- 74.41
J. Everson	14.01	K. Baxter	39.09	J. Frazer	22.40	17- 75.50
J. Lawrence	13.34	E. DeFreitas	48.51	T. McIntosh	18.01	18- 80.26
J. Bettany	DNF	R. Crouch	39.30	F. Hew	20.48	

### FAMILY DIVISION

J. King	20.23	G. King	28.40	D. King	27.23	1- 76.26
C. Joy	21.03	P. Joy	25.04	R. Joy	26.57	2- 77.04
W. Jones	15.26	S. Jones	35.09	R. Jones	28.51	3- 79.28
A. Hether- ington	21.54	B. Hether- ington	36.45	S. Hether- ington	24.15	4- 82.54





# CAYMAN ISLANDS AMATEUR SWIMMING ASSOCIATION

P.O. Box 1771 - Grand Cayman  
British West Indies - Tel: 809-94-

## NEWSLETTER - DECEMBER 1988

Now is the time to both round-up those events completed during the last months of this year, and also presents the opportunity to anticipate and begin preparations for what's in store in the year to come.

Since the last Newsletter the following events have taken place:

### 26th June, 1988 - LOBSTER POT ONE MILE SWIM

46 competed in this annual event with results reflecting much progress, especially by the youngsters, many of whom improved their time by several minutes. A first time win in this event for Peter Stafford whose consistent and much improving performance has been displayed in many of the swimming events throughout the year. Results as follows:

<u>Male</u>	<u>Time</u>	<u>Female</u>	<u>Time</u>
Peter Stafford	23.30	Fran Crouch	24.15
James White	26.24	Johanne Danis	26.59
Victor Thompson	26.32	Katherine Von Offenheim	28.49
Reg Koster	26.53	Joan Everson	29.23
Frank Flowers	28.22	Claire Stafford	32.46
Tristan Abbott	28.44	Clare Joy	33.22
Martin Laidlaw	29.42	Lucinda Bennett	34.52
Martin Leggatt	30.09	Celine Macken	38.17
John Stafford	31.35	Nicola Jordan	39.23
James Bettany	33.16	Ann Stafford	40.04
Rainer Steuer	33.40	Caroline Sullivan	40.12
Greg Rivers	35.34	Lisa Buchanan	40.21
William Jones	36.43	Leanne Buchanan	40.59
John Bradley	37.15	Liam McCallion	44.17
Rodger Yeomans	37.26	Alexandra Foster	1.05.54
Chris Mann	39.22	Fiona Foster	1.05.56
Grant Stein	39.49		
Anthony Whitty	40.03		
Bill Henry	40.27		
Ed Owen	40.39		
Les Roberts	42.32		
John Davies	45.45		
Robert Johnson	50.50		
Iram Qazilbash	1.06.57		
Gregory Johnson	1.14.10		
Chris Johnson	1.14.12		

### 24th September, 1988 - TEXACO TWOSOME HALF-MILE SWIM

This new event for 1988, aimed at promoting family participation, attracted over 50 entrants of all ages, several of whom competed in the "twosome" category. Once again Peter Stafford took the lead followed closely by Roland Crouch and John Barron, with Fran Crouch taking 4th place, and first for the ladies.

The juniors displayed their talents and achieved some well earned places. With continued training and encouragement there must surely be some 1989 CARIFTA and C.C.C.A.N. material amongst them. Edward and Martin Allen won the family duo class and next year attempts should be made to attract more participation in this category - any suggestions welcome?!

(Full results attached at back).

### Sunday 23rd October, 1988 - PIRATE'S WEEK 3 MILE SWIM

An increased field of 24 swimmers participated in this arduous, traditional event. The new start from The Wharf proved to be more popular than the original harbour start, although the coral head at the beginning needed some careful manoeuvring around. Peter Stafford led comfortably throughout the race and won some 10 minutes ahead of Victor Thompson.

A special thanks to the first aid helpers and safety boats who very patiently watched over this long event and protected the competitors from inexperienced or careless skippers on jet skis and other pleasure craft. Hopefully next year by having a morning start the course should be freer from these hazards!

(Full results attached).

### Saturday 5th November, 1988 - FOSTERS FOOD FAIR HALF MILE SWIM

A tremendous turnout of 77 for this popular event, amongst whom were several visitors and a contingent from the Brac. Brett Carney from the U.S. and Peter Stafford gave an exciting start to the race vieing for the lead, but at quarter distance the experience of Peter Stafford again proved decisive and he forged ahead to set a new course record of 11.15 - a great way to end 1988 events. Fran Crouch again proved here excellence and took second place, 16 seconds ahead of the visitor.

Gil and Eleanor Fennie showed much interest in their continually improving youngsters, and the Brackers, Samantha Erskine, Ken Ingle and Dominic Ross all performed well.

Category winners as follows:

<u>Male</u>		<u>Female</u>	
<u>Under 7</u>			
Robert Jones	25.04	Tina Abbott	24.31
<u>7 - 8 years</u>			
Johnathan King	23.44	Lisa Abbott	19.00
<u>9 - 10 years</u>			
Tristan Abbott	13.46	Samantha Erskine	16.45
<u>11 - 12 years</u>			
Dominic Ross	16.23	Marita Pereira	17.06
<u>13 - 14 years</u>			
Martin Leggatt	14.07	Anna Pereira	18.47
<u>15 - 17 years</u>			
Kirk Lezama	16.35	Jacqui Marr	13.47
<u>18 - 34 years</u>			
Peter Stafford	11.15	Fran Crouch	12.15
<u>35 years &amp; over</u>			
Victor Thompson	12.46	Ann Stafford	18.22

\* \* \* \* \*

### 1989 CALENDAR OF EVENTS

=====

ALL swimmers make a note of these dates!

Saturday 28th January, 1989 - DHL POOL MEET, CARIFTA TRIALS  
A new event this year and the first of the CARIFTA trials.

Saturday 4th March, 1989 - C.U.C. SPORTSFEST POOL MEET, CARIFTA TRIALS

Saturday 11th March, 1989 - NABISCO TEAM TRIATHLON - 4th Annual

24th - 27th March, 1989 - CARIFTA GAMES IN BARBADOS

This will only be the second year in which a Cayman team has participated in these games. Good luck to all those who qualify.

Saturday 8th April, 1989 - 2nd Annual CABLE & WIRELESS HALF MILE SWIM

Sunday 23rd April, 1989 - HYATT TRIATHLON

Sunday 7th May, 1989 - MILO KIDS TRIATHLON

Saturday 20th May, 1989 - JUNE BORDENS SWIM RELAY - 2nd Annual  
An opportunity for all capabilities and fun competitors!

Saturday 3rd June, 1989 - LIONS POOL MEET - National Championships

A chance for many new records to be set.

Sunday 18th June, 1989 - 5th Annual LOBSTER POT 1 MILE SWIM

23rd - 30th July, 1989 - CENTRAL AMERICAN & CARIBBEAN AMATEUR SWIMMING CONFEDERATION (C.C.C.A.N.) MEET

XVI Central American & Caribbean age group swimming and diving championships.

XI Water Polo.

VIII Synchronised swimming.

Swimming age group categories are as follows:

i) 10 years & under

ii) 11 - 12 years

iii) 13 - 14 years

iv) 15, 16, 17 years

age as of 31st December, 1988.

VENUE: Caracas, Venezuela

Deadline for registration: 24th May, 1989

For further information contact Richard Jones 98644 (o) 92877 (h) or Colin Abbott 98113 (o) 97742 (h).

Tues. 1 August, 1989 - 3rd INTERNATIONAL CROSSING OF LAKE GENEVA 16 K (10 mile) SWIM

- from Evian-les-Bains (France) to Lausanne (Switzerland). Any serious swimmers may like to combine this with a holiday in Europe! Further details available from Ann Stafford (94698).

Saturday 23rd September, 1989 - TEXACO TWOSOME HALF MILE SWIM

Saturday 21st October, 1989 - FOSTERS FOOD FAIR HALF MILE SWIM

Sunday 29th October, 1989 (9 am) - PIRATES WEEK 3 MILE SWIM

Saturday 4th November, 1989 - PIRATES WEEK POOL MEET

Further details of all the above will be published nearer the dates, or are available from CIASA Committee members.

\* \* \* \* \* A.G.M. - Wednesday 15th February, 1989 \* \* \* \* \*  
At the Stafford's house - All members contributions & ideas welcome.

#### NOMINATIONS

The committee's nominations for the National Sports Councils 1988 Awards are:

Senior Sportsman of the Year: PERI MERREN

Peri has excelled in his cycling throughout the year and his performance in the arduous road race at the Seoul Olympics was a great achievement.

Senior Sportswoman of the Year: MERTA DAY

1988 was the year in which Cayman hosted the Caribbean Netball Association Championships. The Cayman team showed great improvement in their play and 2 of its members, one being Merta, have been selected to trial for the Caribbean team - an honour for both her and Cayman.

Junior Sportsman of the Year: TRISTAN ABBOTT

Tristan was undefeated in his age group in every swimming event and was 4th overall in the difficult 3 mile swim. He is outstanding amongst the youngsters.

Junior Sportswoman of the Year: SAMANTHA ERSKINE

Being from the Brac Samantha is unable to compete in all the events, but whenever present she displays a competitive, enthusiastic spirit and strives to improve her swim times. With excellent times she came first in her category in the Cable & Wireless half-mile swim and Fosters Food Fair half-mile swim.

THANKS

- once again to all those involved in the events throughout the year...

Without Sponsors there would not be the events .....

There are the non-members who volunteer and give their time and expertise generously; the Police, Port Authority, news media, Red Cross, Life Savers, medical personnel, boat owners and operators.

... to all members friends and families who continue to support CIASA events.

Let's hope we can grow and strengthen in 1989 and look forward to some great, exciting events with results to thrill us!

HAPPY NEW YEAR.

## TEXACO TWOSOME HALF MILE SWIM

### RESULTS

#### FAMILY DUO ENTRANTS:

<u>NAME</u>	<u>TIME</u>	<u>POSITION</u>
Edward Allen (18.51) & Martin Allen (21.02)	39.53	1st
Sue Tressider (26.51) & Ben Tressider (26.52)	53.43	2nd
Charles Hunt (17.51) & Scott Quick (36.04)	53.55	3rd
John Cummings (31.27) & Daniel Cummings (25.19)	56.46	4th
Rod McLean (39.23) & Jordan McLean (39.24)	78.47	5th
Clare Joy (18.47) & Richard Joy (DNF)	-	-

#### MALE ENTRANTS 7 & UNDER:

<u>NAME</u>	<u>TIME</u>	<u>CLASS POSITION</u>	<u>OVERALL POSITION</u>
Robert Jones	26.01	1st	45
Mark Cummings	DNF	-	-
<b>7 - 8 YEARS:</b>			
Johnathan McLean	26.35	1st	49
<b>9 - 10 YEARS:</b>			
Tristan Abbott	14.20	1st	9
James Bettany	15.29	2nd	13
William Jones	16.25	3rd	15
Josh McLean	26.17	4th	48
<b>11 - 12 YEARS:</b>			
Joel McLean	25.24	1st	42
Graham Allen	27.44	2nd	53
<b>13 - 14 YEARS:</b>			
Martin Leggatt	15.18	1st	11
Lennie Bush	16.19	2nd	14

NAME	TIME	CLASS POSITION	OVERALL POSITION
<b>18 - 34 YEARS:</b>			
Peter Stafford	11.28	1st	1
Roland Crouch	11.53	2nd	2
John Barron	11.54	3rd	3
Harry Gorgas	13.30	4th	6
Greg Rivers	17.13	5th	16
Peter Salt	18.10	6th	20
Alan Butel	18.38	7th	24
Markus Asch	19.01	8th	28
Ian Peak	26.12	9th	46
Jamie McCulloch	26.12	9th	47
Alan Rushmore	27.38	10th	52

**35+ YEARS:**

Victor Thompson	12.43	1st	5
Frank Flowers	14.31	2nd	10
Hugh Thomas	17.28	3rd	18
Kenneth Hellonen	19.03	4th	29
Ian Worth	19.41	5th	30
Ed Owen	21.04	6th	35
Colin Abbott	22.07	7th	36
John Davies	22.12	8th	37
Roger Davies	22.43	9th	38
Roger Bicknell	25.52	10th	44
Lionel Clarke	29.16	11th	55

**FEMALES**

**7 & UNDER:**

Emily Davies	25.49	1st	43
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**7 - 8 YEARS:**

Jane Bettany	20.30	1st	31
Lisa Abbott	20.33	2nd	32

**11 - 12 YEARS:**

Merita Pereira	18.43	1st	25
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NAME	TIME	CLASS POSITION	OVERALL POSITION
<b>13 - 14 YEARS:</b>			
Caroline Marr	13.16	1st	7
Anna Pereira	20.34	2nd	33
<b>15 - 17 YEARS:</b>			
Jackie Marr	14.15	1st	8
<b>18 - 34 YEARS:</b>			
Fran Crouch	12.24	1st	4
Claire Stafford	15.19	2nd	12
Nicola Jordan	17.21	3rd	17
Mannette Skufca	18.26	4th	21
Laura Ribbins	18.26	4th	22
Ann Marie Bursch	28.52	5th	54
<b>35+ YEARS:</b>			
Ann Stafford	18.36	1st	23
Isobel Smith	23.08	2nd	39
Ruth Allen	23.51	3rd	40



PIRATE'S WEEK 9TH ANNUAL THREE-MILE SWIM

RESULTS

MALE

<u>Name</u>	<u>Overall Position</u>	<u>Class Position</u>	<u>Time</u>
Peter Stafford	1	1	1:17:39
Victor Thompson	2	2	1:27:33
Frank Flowers	3	3	1:33:15
Tristan Abbott	4	4	1:35:13
Clarence Flowers	5	5	1:36:49
Martin Leggatt	7	6	1:41:25
Pierre Gross	9	7	1:41:31
John Stafford	10	8	1:46:37
James Bettany	11	9	1:52:27
Mike Riddell	12	10	1:53:14
Rainer Steuer	13	11	1:53:14
Greg Rivers	15	12	1:56:54
William Jones	18	13	2:08:45
Stuart Forster	19	14	2:26:57
John Robertson	20	15	2:32:14
John Davies	21	16	2:38:58
Tony Whitty	24	17	Untimed

FEMALE

Claire Stafford	6	1	1:41:09
Caroline Marr	8	2	1:41:26
Lucinda Bennett	14	3	1:55:02
Nicola Jordan	16	4	2:00:32
Ann Stafford	17	5	2:06:34
Lindsay Green	22	6	2:39:49
Jackie Marr	23	7	2:39:49



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 \* CAYMAN ISLANDS AMATEUR SWIMMING ASSOCIATION \*  
 \*\*\*\*\*  
 \* NEWSLETTER - SEPTEMBER 1990 \*  
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Now that the summer months have brought a short break in the competitive swimming programme it is time to review the events of the first half of 1990 and look forward to some lively action scheduled for the remainder of the year.

The season got off to a late start without the usual January swim meet, owing to the winter closure of the Lions Pool. However, with the arrival in March of the newly appointed Aquatic Director Jim Hagen and his wife Susan, the Swimming Instructor, the pool was back in business. Soon afterwards Coach Bertram Allett joined the staff and a full programme of swimming lessons at all levels, team training and recreational swimming is available at the Lions Pool. Anyone interested in availing him/herself of this excellent facility should ring 9-8105 for details

EVENTS - MAY TO JULY 1990  
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3rd ANNUAL CABLE AND WIRELESS HALF MILE SWIM March 31  
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The first major sea swim of the year drew a field of 57 competitors aged 6 to over 60. Conditions were good and there were some exciting performances. As expected the overall winner was Peter Stafford, but there were some surprises further down the order.

FEMALE		MALE	
6 & under	(57) Alexandra Whitty 32.00	None	
7-8	(50) Kristina Abbott 25.07 (54) Jenna Treen 26.18	(39) Robert Jones	21.10
9-10	(13) Lisa Abbott 15.49 (27) Jane Bettany 17.42 (45) Christine Hetley 23.25 (46) Lisa Scoots 23.29	(36) Jake Treen	19.28
11-12	(12) Samantha Erskine 15.46	(5) James Bettany 13.59 (6) Tristan Abbott 13.59 (11) William Jones 15.45 (22) Anthony Whitty 17.09 (26) Joel Treen 17.39	
13-14	(35) Caroline Ayles 19.27	(20) Graham Allen	16.33
15-17	(4) Caroline Marr 13.31 (37) Tanya Dailey 20.32	(15) Martin Allen 15.54 (31) Lennie Bush 18.43	
18-29	(14) Nicola Jordan 15.52 (19) Celine Macken 16.21 (34) Tiffany Hancock 21.21	(1) Peter Stafford 11.42 (2) Pierre Gross 13.28 (7) Nick Beer 14.08 (17) John Bradley 16.10 (24) Chris Weaver 17.32 (25) Timothy Ayles 16.36 (34) Lachlan Mackenzie 19.22	
30-39	(18) Susan Attwood 16.17 (31) Zanne Hunt 18.03 (38) Debbie Lewis 21.04 (44) Anne Williams 23.16 (47) Kyle McGrath 23.30	(8) Tim Byrne 15.10 (9) Greg Rivers 15.21 (10) Chuck Hunt 15.41 (28) Ringo Luke 17.45 (29) Peter Scoots 17.52 (49) Alan Rushmore 24.10	

		(52) Michael Cooksley	26.05
		(54) David Watkins	27.50
		(55) Martin Davies	29.42
40-49 (23) Anne Stafford	17.22	(3) Frank Flowers	13.30
		(16) John Stafford	16.08
		(21) Edward Allen	16.42
		(33) Rodger Yeomans	19.04
		(41) Colin Chaffe	21.29
		(42) Don Sanderson	21.45
		(48) Bill Roberts	24.05
		(51) John Elliott	25.16
50 & over (56) Jeanne Scoots	32.00	(32) Jim Hancock	19.49
		(43) John Davies	23.05

### 5th NABISCO TEAM TRIATHLON 8 April 1990

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The Public Beach was the venue for this most friendly sporting event which began with a 1K swim. There were no surprises in this, and Victor Thompson was first out of the water as he had been for the two previous years. On this occasion he was sufficiently far ahead of the opposition to give his team a lead they were never to lose. Nevertheless, after a 15K bike race and a 5K run, the finish was a close one with only seconds between the first men home.

#### Open Division

	Swim		Cycle		Run
1	V.Thompson 13.43;	P.O'Sullivan	26.17;	G.Booth	20.48
2	J.Bettany 15.52;	T.Ford	26.50;	P.Hill	20.39
3	C.Marr 14.48;	G.Rivers	29.05;	S.Dunn	19.25
4	C.Hunt 17.17;	P.Barlas	25.58;	R.Davies	22.12
5	N.Jordan 17.04;	E.Owen	26.02;	J.Dunn	24.57
6	P.Gross 15.01;	W.Kirkconnell	32.57;	M.Davies	21.54
8	D.Bannon 17.24;	A.Scott	29.28;	R.Lammons	23.57
9	A Stafford 19.56;	T.Davies	31.33;	P.Scoots	19.57
10	R.Jones 23.12;	C.Chaffe	26.18;	D.Dennis	22.07
11	J.Treen 19.26;	R.Yeomans	32.04;	J.Fraser	20.27
12	J.Davies 25.10;	Z.Hunt	27.21;	R.Shaver	19.49
13	A.Rushmore 27.32;	E.Purcell	29.07;	J.Elliott	20.56
15	W.Jones 17.05;	R.Marshall	36.47;	S.Cheetham	27.17
16	E.Sykes 33.51;	C.Weaver	25.56;	P.Hennessey	28.04
DNF	J.Treen 19.17;	J.Cummings		D.Ebanks	

#### Family Division

7	G.Allen 18.05;	M.Allen	29.04;	E.Allen	23.07
14	O.Graham- 26.05;	T.Graham-	29.17;	E.Graham-	38.26
	Taylor	Taylor		Taylor	
17	J.Graham- 23.42;	S.Graham-	33.48;	R.Graham-	21.58
	Taylor	Taylor		Taylor	

### 3rd ANNUAL HYATT REGENCY TRIATHLON 22 April 1990

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The first individual triathlon of the year attracted a field of 43 athletes. Winner of the swim leg, Peter Stafford, maintained his lead to complete the course in first place, with Celine Macken (5th overall) leading the ladies home.

Place	Entrant	Time	Swim
		hr min sec	Place
1	Peter Stafford	1: 17: 50	1
2	Tim Byrne	1: 21: 25	5
3	Peter Ribbens	1: 24: 31	3
4	Ken Munn	1: 24: 39	7
5	Celine Macken	1: 27: 08	16

6	Chris Weaver	1: 30: 16	21
7	Chuck Hunt	1: 30: 17	6
8	John Nilsen	1: 30: 25	4
9	Richard Pascal	1: 30: 39	32
10	Lachlan McKenzie	1: 31: 17	24
11	Peter Scoots	1: 31: 22	26
12	Peter Barlas	1: 32: 01	11
13	Pierre Gross	1: 32: 27	2
14	Grant Stein	1: 32: 39	19
15	David Magelinski	1: 33: 19	14
16	Edward Allen	1: 34: 43	15
17	Ed Owen	1: 35: 57	29
18	Michele Smith	1: 36: 15	34
19	Greg Rivers	1: 36: 16	9
20	Dalvin Ebanks	1: 36: 29	35
21	Laura Ribbens	1: 37: 11	12
22	Don Sanderson	1: 37: 33	38
23	Michael Riddell	1: 38: 00	8
24	Zanne Singmaster	1: 38: 07	25
25	Mandy Cowan	1: 38: 36	13
26	Ray Welds	1: 39: 43	31
27	Martin Allen	1: 39: 49	10
28	Dick Cushman	1: 40: 34	27
29	Peter Larder	1: 40: 37	18
30	Alysa Nilsen	1: 41: 55	22
31	Dermot Dennis	1: 43: 04	36
32	David Walker	1: 44: 19	17
33	Alan Bloomrosen	1: 45: 16	28
34	Richard Lammons	1: 45: 30	33
35	Ann Stafford	1: 46: 00	23
36	Asko Rasinen	1: 49: 28	30
37	David Grogono	1: 51: 32	20
38	Peter Downie	1: 54: 23	39
39	Kris Kile	1: 59: 47	37
40	Marnie Gee	2: 16: 31	41
40	Siobhan Flanagan	2: 16: 31	43
42	John Davies	2: 22: 21	40
43	Tracey Scanlan	2: 38: 28	42

BUD LIGHT GRAND CAYMAN TRIATHLON 1990 13 May

\*\*\*\*\*

Just 2 weeks after the Hyatt event Cayman's triathletes were again in the water and on the road. This time it was the big one, and a large number of overseas competitors added an exciting dimension. Jamaican Carey Chai-Onn won the event in convincing style with a margin of almost 8 minutes over his nearest rival. From a swimming point of view, highlight of the day was the participation of world-class Jamaican swimmer Rachael Brinn who easily out-distanced the competition. Brinn's swim put her over two minutes ahead of Peter Stafford at the first transition, but she was unable to hold off the stronger men in the other events.

			Swim Place
1	Carey Chai-Chin	2: 03: 49	9
2	Rick Dusenbury	2: 11: 11	3
3	Ken McLaughlin	2: 14: 25	11
4	Peter Stafford	2: 17: 35	2
5	Rachael Brinn	2: 18: 56	1
6	Margo Schneider	2: 21: 40	12
7	Mark Wong	2: 26: 02	7
8	Richard Pascal	2: 26: 53	33
9	Bev Beckman	2: 28: 23	4
10	Hugh Thomas	2: 30: 19	17
11	Malcolm Carlyle	2: 30: 51	6
12	Ann Dannis	2: 31: 51	18
13	Dalvin Ebanks	2: 34: 04	38
14	Chris Weaver	2: 38: 32	30
15	Peter Scoots	2: 40: 38	35
16	David Magelinski	2: 41: 08	22
17	Jay White	2: 41: 32	31
18	Chuck Hunt	2: 42: 36	13

19	Don Sanderson	2: 42: 56	39
20	Erwin Petilos	2: 43: 23	24
21	Wayne Brandt	2: 43: 28	25
22	Mandy Cowan	2: 43: 30	27
23	Zanne Hunt	2: 47: 07	28
24	Bill Fowler	2: 47: 48	5
25	Kevin O'Hara	2: 47: 48	23
26	John Cole	2: 49: 01	10
27	Bob Ramussen	2: 51: 42	14
28	Dick Cushman	2: 52: 32	32
29	David Dean	2: 54: 45	20
30	Greg Rivers	2: 54: 51	15
31	Michele Smith	2: 56: 09	37
32	Chuck Perry	2: 56: 42	19
33	Kim Murray	2: 57: 31	16
43	Neil Finlaysen	3: 02: 21	29
35	Ann Stafford	3: 03: 39	26
36	Philip Kennedy	3: 03: 47	8
37	Kathrine Sutherland	3: 05: 36	34
38	Allen Bloomrosen	3: 13: 53	36
39	Chuck Dannis	3: 14: 56	21
40	Piers Hill	3: 23: 43	42
41	Terry Bryant	3: 31: 19	41
42	Chris MaKay	3: 40: 34	40

3rd ANNUAL JUNE BORDEN'S PIZZA SWIM RELAY 26 May

\*\*\*\*\*

Choppy seas and driving rain proved something of a problem for participants in this year's event, and entries in the Junior group were down on previous numbers. However 28 hardy swimmers tackled the course, braving big waves and the inevitable "sea itch." Age group winners were as follows:

JUNIORS (under 12 yrs)	YOUTH (under 20 yrs) (1st overall)	OPEN (20 yrs & over) (2nd overall)
SILVER BULLETS II	GOTCHA!	TEXACO
Joel Treen	Martin Allen	Victor Thompson
Jake Treen	Graham Allen	Frank Flowers
Lisa Abbott	Caroline Marr	Greg Rivers
Lisa Scoots	Martin Leggatt	Alfred Ebanks

In third place overall was the Youth team SILVER BULLETS (Tristan Abbott, James Bettany, Dean Ruddy and Jason Bynoe).

MILO KIDS TRIATHLON 3 June

\*\*\*\*\*

For the second year the venue for this popular event was the area around the Rum Point Club. In contrast to 1989 the weather was sunny and dry, and a total of 40 determined youngsters set off into the calm shallow water on the swimming leg. All but one finished the course, with outstanding performances by many children, notably Lisa and Tristan Abbott. Particularly encouraging were the enthusiastic entries from Bodden Town.

Distances: 7-10 yrs ..... 100m swim; 5k cycle; 1k run  
11-14 yrs .... 200m swim; 10k cycle; 2k run

	BOYS		GIRLS	
7-8 yrs	1 Robert Jones	23.48	Kristina Abbott	27.37
	2 Robert Joy	24.35	Clare Scoots	28.08
	3 Matthew Wight	24.56	Ceili Fitzgerald	( 30.13
	4 Dominic Foster	24.57	Jenna Treen	( 30.13
	5 Mark Cummings	25.38	Louise Grabowski	33.47
	6 Steven Walsh	28.47		
	7 Richard Grabowski	29.34		
	8 Jacy Elliott	31.52		

9-10 yrs.	1	Jake Treen	19.51	Lisa Abbott	19.05
	2	Jonathan McLean	20.25	Wendy Carter	23.19
	3	Jonathan Doak	21.02	Jane Bettany	23.50
	4	Scott Quick	21.22	Emily Davies	24.24
	5	Rico Bodden	21.35	Milagro Carter	26.17
	6	Richard Joy	21.40	Lisa Scoots	28.58
	7	Bruce Bodden	22.22	Andrea Ebanks	DNF
	8	Robert Baraud	23.15		
	9	Erik Bodden	23.49		
	10	Badir Awe	24.22		
	11	Ryan Standen	26.19		
	12	Juergen Graesing	29.15		
	13	Theon Adair McCoy	29.46		
	14	Joseph Clough	29.52/		
11-12 yrs	1	Tristan Abbott	31.51	Samantha Erskine	43.41
13-14 yrs	1	Dominic Ross	32.44		
	2	Martin Davies	35.22		
	3	Michael Ebanks	35.23		
	4	Graham Allen	40.51		

ANNUAL LOBSTER POT ONE MILE SWIM 10 June  
 \*\*\*\*\* Peter Stafford took first place in the Lobster Pot One Mile Swim for the third successive year, having taken a clear lead over the rest of the field of 41 swimmers in the early stages of the race. Visitor Steve Fenning narrowly beat Victor Thompson for the runner-up award, and from the beach encouraged his young son Chris to finish the course just 20 minutes later. This race produced some great performances from the youngsters, particularly the boys and girls in the highly competitive 10-12 year old bracket.

FEMALE

MALE

9 & under				(23) Jake Treen	35.16
10-12 yrs	(11)	Samantha Erskine	30.36	(4) James Bettany	27.02
	(12)	Lisa Abbott	30.42	(5) Tristan Abbott	27.02
	(27)	Jane Bettany	37.50	(13) Tony Whitty	31.01
13-17 yrs	(6)	Caroline Marr	27.03	(8) Jason Bynoe	27.57
				(10) Martin Allen	30.34
				(22) Graham Allen	34.32
18-29 yrs	(19)	Nicola Jordan	32.32	(1) Peter Stafford	23.25
	(26)	Vicki Rose	36.48	(31) Richard Pascal	39.10
	(29)	Mary Sanderson	38.30		
	(40)	Brenda Mesich	48.52		
30-39 yrs	(20)	Jane Powell	32.34	(3) Victor Thompson	25.42
	(28)	Zanne Hunt	37.57	(9) James White	30.12
				(14) Greg Rivers	30.39
				(15) Fin Temple	31.42
				(16) Michael Bender	31.56
				(18) Chuck Hunt	32.50
				(21) Willy Morris	32.57
				(32) Peter Scoots	39.13
				(34) Thom Russell	43.43
				(41) Alan Rushmore	54.24
40-49 yrs	(25)	Ann Stafford	35.50	(2) Steve Fenning	25.11
				(7) Frank Flowers	27.10
				(17) Hugh Thomas	32.03
				(24) Peter Larder	35.22
				(30) Jeff Nelson	39.00
				(36) Don Sanderson	45.48
				(37) Colin Chaffe	47.12
				(38) Roger Davies	47.16
50 & over				(39) John Davies	48.04

A donation was made out of proceeds from the Lobster Pot Swim to the NCSS for the Hydrotherapy Pool Fund.

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 \* POOL MEETS \*  
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Two full pool meets were held during the first part of the year, the C.U.C. SPORTSFEST MEET in May and the LIONS NATIONAL CHAMPIONSHIPS in June. For the second of these, distances were stretched to bring them more into line with international standards and as a result there were many new events. 90 children participated in the C.U.C. Meet, and more than 70 in the Lions Championships, despite the challenge of the greater distances. Among these was a large contingent from the Brac, which had held it's own big meet earlier in the month. On each occasion special awards were given to Outstanding Boy and Outstanding Girl.

CUC SPORTSFEST SWIM MEET 12 May

\*\*\*\*\*

Outstanding Boy.....Tristan Abbott  
 Outstanding Girl.....Samantha Erskine

6 & under 25m Free - Girls  
 (Record: Kristina Abbott 24.92)

1. Alexandra Whitty	26.13
2. Lisa McTaggart	28.57
3. Lisa Branch	28.61
4. Courtney Phipps	30.06
5. Jeannie Sanderson	31.73
6. Layla Scott	32.15
7. Freya Walsh	33.03
8. Ledra Lawrence	38.00
9. Alison Strowbridge	43.93
10. Asha Robinson	50.65

6 & under 25m Free - Boys  
 (Record: Stephen Ebanks 20.75)

1. Nicholas Jones	22.52
2. Jason Hislop	36.93
3. Eleias Habib	38.44
4. Jordan McLean	38.5

7 & 8 25m Free - Girls  
 (Record: Lisa Abbott 19.69)

1. Kristina Abbott	21.18
2. Joanna Virtue	21.52
3. Shauna Powell	21.70
4. Cherie Branch	22.93
5. Claire Scoots	24.22
6. Vicky Joseph	24.27
7. Caroline Key	24.58
8. Jenna Treen	24.76
9. Darice Powell	25.56
10. Louise Grabowski	28.20
11. Harmony Scott	29.80
12. Kathryn Roffey	30.34
13. Ceili Fitzgerald	30.79
14. Kathryn Ross	35.63

7 & 8 25m Free - Boys  
 (Record: Robbie Jones 19.23)

1. Robbie Jones	19.23
2. Miguel Good	22.24
3. Matthew Wight	22.40
4. Stephen Ebanks	23.75
5. Denison Miller	25.12
6. Hamish Foster	27.54
7. Robert Joy	28.03
8. Steven Walsh	28.35
9. Chris Kirkconnell	28.44
10. Richard Grabowski	31.35
11. Anthony Moore	41.42

9 & 10 100m Free - Girls  
 (Record: Lisa Buchanon 1.20.40)

1. Lisa Abbott	1.26.31
2. Christine Hetley	1.40.99
3. Emily Davies	1.47.31
4. Patty Sue McTaggart	1.55.27

9 & 10 100m Free - Boys  
 (Record: Anthony Whitty 1.24.00)

1. Jonathan McLean	1.38.55
2. Jake Treen	1.39.33
3. Jonathan Doak	1.42.69
4. Jevan Moore	1.56.94
5. Juergen Graesing	2.17.26
6. Darmian Bull	2.40.27

11 & 12 100m Free - Girls  
 (Record: Samantha Erskine 1.21.13)

1. Samantha Erskine	1.21.13
2. Tina Rae	1.26.38

11 & 12 100m Free - Boys  
 (Record: James Bettany 1.14.32)

1. James Bettany	1.14.32
2. Tristan Abbott	1.14.50
3. Anthony Whitty	1.25.26

13 & 14 100m Free - Girls

13 & 14 100m Free - Boys

(Record: Caroline Marr 1.09.32)	(Record: Martin Leggatt 1.07.84)
1. Bianca Moore 1.13.32	1. Jason Bynoe 1.11.44
2. Tania Levy 2.28.00	2. Oneil Roberts 1.14.78
	3. Dominic Ross 1.19.28
	4. Graham Allen 1.20.02

15 - 18 100m Free - Girls	15 - 18 100m Free - Boys
(Record: Caroline Marr 1.09.53)	(Record: John Lawrence 1.08.69)
1. Caroline Marr 1.09.53	1. Martin Allen 1.27.57

8 & under 25m Breast - Girls	8 & under 25m Breast - Boys
(Record: Caroline Sullivan 22.79)	(Record: Jonathan King 24.23)
1. Kristina Abbott 27.89	1. Robbie Jones 24.78
2. Caroline Key 29.37	2. Hamish Foster 30.45
3. Cherie Branch 30.22	3. Stephen Ebanks 30.70
4. Jenna Treen 30.60	4. Miguel Good 31.30
5. Shauna Powell 31.05	5. Matthew Wight 32.51
6. Vicky Joseph 31.58	6. Denison Miller 32.70
7. Kathryn Roffey 31.91	7. Steven Walsh 33.07
8. Joanna Virtue 32.14	8. Chris Kirkconnell 38.15
9. Louise Grabowski 36.37	9. Jason Hislop 46.27
10. Ceili Fitzgerald 36.56	
11. Alexandra Whitty 37.39	
12. Kathryn Ross 39.12	
13. Darice Powell 40.25	
14. Courtney Phipps 41.14	

9 & 10 50m Breast - Girls	9 & 10 50m Breast - Boys
(Record: Lisa Buchanan 47.28)	(Record: William Jones 56.06)
1. Christine Hetley 51.80	1. David Ross 57.25
2. Lisa Abbott 51.84	2. Jake Treen 57.72
3. Emily Davies 54.66	3. Joe Clouch 1.01.24
4. Patty Sue McTaggart 1.06.19	4. Paul Knights 1.01.26
5. Samantha Watler 1.08.97	5. Jonathan Doak 1.05.45
	6. Jevan Moore 1.08.16
	7. Javin Bynoe 1.10.18
	8. Neil Brown 1.11.78
	9. Daniel Aird 1.13.93
	10. Juergen Graesing 1.16.37
	11. Darmian Bull

11 & 12 50m Breast - Girls	11 & 12 50m Breast - Boys
(Record: Samantha Erskine 42.60)	(Record: Jason Bynoe 42.67)
1. Samantha Erskine 42.60	1. Tristan Abbott 45.67
2. Joanne Ruddy 53.81	2. Joel Treen 55.88
	3. Anthony Whitty 55.93

13 & 14 50m Breast - Girls	13 & 14 50m Breast - Boys
(Record: Caroline Marr 42.86)	(Record: Jason Bynoe 41.66)
1. Bianca Moore 56.19	1. Jason Bynoe 41.66
2. Tania Levy 1.24.15	2. Dominic Ross 42.66
	3. Dean Ruddy 48.44
	4. Graham Allen 51.31

15 - 18 50m Breast - Girls	15 - 18 50m Breast - Boys
(Record: Jakki Marr 42.15)	(Record: John Lawrence 40.55)
1. Caroline Marr 43.85	1. Martin Allen 43.56

7 & 8 50m Free - Girls	7 & 8 50m Free - Boys
(Record: Caroline Sullivan 40.40)	(Record: Gregory Johnson 44.81)
1. Kristina Abbott 51.67	1. Robbie Jones 47.10
2. Joanna Virtue 54.78	2. Miguel Good 56.31
3. Alexandra Whitty 1.00.31	3. Matthew Wight 1.00.97
4. Jenna Treen 1.02.71	4. Hamish Foster 1.04.28
5. Caroline Key 1.02.99	5. Denison Miller 1.05.42
6. Ceili Fitzgerald 1.10.22	6. Richard Grabowski 1.09.11
	7. Robert Joy 1.10.98

9 & 10 50m Free - Girls	9 & 19 50m Free - Boys
(Record: Lisa Buchanan 35.71)	(Record: Tristan Abbott 34.79)
1. Lisa Abbott 40.64	1. Jonathan McLean 44.48
2. Patty Sue McTaggart 52.73	2. Jake Treen 44.54



3. Jonathan Doak	45.97
4. Neil Brown	51.82
5. David Ross	53.15
6. Jevan Moore	55.78
7. Joe Clouch	55.82
8. Javin Bynoe	1.01.71
9. Juergen Graesing	1.05.39
10. Daniel Aird	1.06.01
11. Darmian Bull	1.11.56

11 & 12 50m Free - Girls

(Record: Samantha Erskine 36.62)

1. Samantha Erskine	35.84*
2. Tina Rae	36.70
3. Keri Ingle	37.36
4. Joanne Ruty	45.66

11 & 12 50m Free - Boys

(Record: Tristan Abbott 33.42)

1. Tristan Abbott	33.48
2. James Bettany	34.75
3. Anthony Whitty	38.10
4. Jonathan Powell	42.07
5. Joel Treen	44.05

13 & 14 50m Free - Girls

(Record: Caroline Marr 32.21)

1. Bianca Moore	40.71
2. Tania Levy	1.07.14

13 & 14 50m Free - Boys

(Record: Martin Leggatt 31.26)

1. Jason Bynoe	31.56
2. Oneil Roberts	32.67
3. Dean Ruty	34.15

15 - 18 50m Free - Girls

(Record: Jakki Marr 31.43)

1. Caroline Marr	32.16
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15 - 18 50m Free - Boys

(Record: John Lawrence 29.66)

1. Martin Allen	35.29
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6 & under 25m Backstroke - Girls

(Record: Kristina Abbott 30.45)

1. Alexandra Whitty	31.90
2. Lisa Branch	33.76
3. Alison Strobridge	39.65
4. Courtney Phipps	40.25
5. Layla Scott	48.77
6. Jeannie Sanderson	49.92
7. Freya Walsh	1.11.95

6 & under 25m Backstroke - Boys

(Record: Andrew Wood 29.06)

1. Nicholas Jones	32.06
2. Jason Hislop	50.37

7 & 8 25m Backstroke - Girls

(Record: Caroline Sullivan 23.58)

1. Shauna Powell	26.41
2. Kristina Abbott	27.39
3. Claire Scoots	28.67
4. Vicki Joseph	29.93
5. Harmony Scott	32.19
6. Cherie Branch	32.39
7. Louise Grabowski	33.51
8. Jenna Treen	34.62

7 & 8 25m Backstroke - Boys

(Record: Anthony Whitty 25.12)

1. Hamish Foster	33.20
2. Matthew Wight	33.79
3. Denison Miller	33.81
4. Stephen Ebanks	37.91
5. Steven Walsh	38.78

9 & 10 50m Backstroke - Girls

(Record: Emma Ward 49.03)

1. Christine Hetlry	53.64
2. Emily Davies	55.82
3. Patty Sue McTaggart	1.02.86
4. Samantha Watler	1.08.99

9 & 10 50m Backstroke - Boys

(Record: Anthony Whitty 48.76)

1. Jake Treen	58.39
2. Jonathan McLean	1.01.00
3. Neil Brown	1.01.06
4. Juergen Graesing	1.08.99

11 & 12 50m Backstroke - Girls

(Record: Samantha Erskine 46.17)

1. Samantha Erskine	42.29*
2. Tina Rae	46.02
3. Keri Ingle	48.53

11 & 12 50m Backstroke - Boys

(Record: James Bettany 42.15)

1. James Bettany	40.63*
2. Anthony Whitty	47.69
3. Joel Treen	49.18

13 & 14 50m Backstroke - Girls

(Record: Caroline Marr 41.45)

1. Bianca Moore	45.60
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13 & 14 50m Backstroke - Boys

(Record: Martin Leggatt 39.65)

1. Oneil Roberts	42.31
2. Graham Allen	42.62
3. Dominic Ross	46.13

15 - 18 50m Backstroke - Girls

(Record: Jakki Marr 42.92)

No entry

15 - 18 50m Backstroke - Boys

(Record: Richard Bodden 40.34)

No entry

8 & under 25m Butterfly - Girls (Record: Caroline Sullivan 21.58)	8 & under 25m Butterfly - Boys (Record: Neil Brown 25.58)
1. Shauna Powell 33.73	1. Robbie Jones 29.37
2. Vicki Joseph 33.83	2. Stephen Ebanks 30.33
3. Joanna Virtue 33.99	3. Steven Walsh 37.22
4. Darice Powell 37.06	4. Jason Hislop 53.58
5. Cherie Branch 39.32	
6. Kathryn Ross 45.17	
7. Courtney Phipps 48.51	
9 & 10 25m Butterfly - Girls (Record: Lisa Abbott 22.44)	9 & 10 25m Butterfly - Boys (Record: Neil Brown 33.76)
1. Lisa Abbott 22.44	1. Neil Brown 33.76
2. Christine Hetlet 26.21	2. Daniel Aird 39.31
3. Emily Davies 28.09	
4. Lisa Scoots 31.19	
5. Samantha Watler 37.31	
11 & 12 50m Butterfly - Girls (Record: Tina Rae 45.20)	11 & 12 50m Butterfly - Boys (Record: Tristan Abbott 42.01)
1. Tina Rae 44.63*	1. Tristan Abbott 39.82*
2. Keri Ingle 45.25	2. James Bettany 47.03
	3. Joel Treen 59.50
	4. Jonathan Powell 1.08.94
13 & 14 50m Butterfly - Girls (Record: Caroline Marr 36.58) No entry	13 & 14 50m Butterfly - Boys (Record: Martin Allen 42.85)
	1. Jason Bynoe 39.60*
	2. Dean Ruty 44.62
	3. Oneil Roberts 46.20
	4. Graham Allen 49.33
15 - 18 50m Butterfly - Girls (Record: Jakki Marr 38.65)	15 - 18 50m Butterfly - Boys (Record: John Lawrence 40.21)
1. Caroline Marr 36.93*	1. Martin Allen 43.16
8 & udr 100m Free Relay - Girls (Record: Bettany, Sullivan, Benbow & Hetley 1.26.10)	8 & udr 100m Free Relay - Boys (Record: Spragg, Johnson, Brown, Jones 1.32.13)
1. Shauna Powell Vicki Joseph Joanna Virtue Claire Scoots 1.40.47	1. Robbie Jones Matthew Wight Chris Kirkconnell Hamish Foster 1.43.29
2. Jenna Treen Ceili Fitzgerald Alexandra Whitty Kristina Abbott 1.47.69	2. Steven Walsh Richard Grabowski Robert Joy Stephen Ebanks 1.55.87
9 & 10 200m Free Relay - Girls (Record: Buchanan, Abbott, Bettany, Ingle 2.49.35)	9 & 10 200m Free Relay - Boys (Record: Jones, Whitty, Foster, King 2.25.24)
1. Christine Hetley Emily Davies Karen Ward Lisa Abbott 3.12.62	1. Neil Brown Jonathan McLean Jonathan Doak Jake Treen 3.16.97
1. Lisa Scoots Samantha Watler Patty Sue McTaggart Lisa Branch 4.24.92	2. Juergen Graesing Darmian Bull Jevan Moore Javin Bynoe 4.24.83
11 & 12 200m Free Relay - Girls (Record: Buchanan, Rae, Bettany, Hedger 2.43.74)	11 - 12 200m Free Relay - Boys (Record: Allen, Bettany, Abbott, Bynoe 2.16.58)
1. Joanne Ruty Samantha Erskine Tina Rae Keri Ingle 2.36.71*	1. James Bettany Anthony Whitty Joel Treen Tristan Abbott 2.33.90
13 & 14 200m Free Relay - Girls (Record: Marr, Moore, Marr, Foster 2.09.44) No entry	13 & 14 200m Free Relay - Boys (Record: Ross, Walton, Burke, O,Connor 2.29.00) 1. Dean Ruty

Graham Allen  
 Oneil Roberts  
 Jason Bynoe 2.18.00\*

Special Open 150m Free Relay - Girls

1. Bianca Moore  
 Tania Levy  
 Caroline Marr 2.09.44

Special Open 150m Free Relay- Boys

1. Jonathan Powell  
 Martin Allen  
 Dominic Ross 1.53.64

LIONS NATIONAL SWIMMING CHAMPIONSHIPS 30 June

\*\*\*\*\*

Outstanding Boy.....Jason Bynoe  
 Outstanding Girl.....Samantha Erskine

Honorable Mentions.....Robert Jones; James Bettany; Lisa Abbott

8 & under 50m Free - Girls  
 (Record Caroline Sullivan 40.49)

1. Kristina Abbott 46.70  
 2. Keisha Nicholson 51.74  
 3. Joanna Virtue 51.84  
 4. Joanne Mackin 54.16  
 5. Shauna Powell 54.29  
 6. Lindsey Ross 56.62  
 7. Cherie Branch 56.72  
 8. Jenna Treen 57.47  
 9. Emma Hughes 57.69  
 10. Caroline Key 58.55  
 11. Joanne Prescott 58.98  
 12. Anaik Goelo 59.88  
 13. Felicity Gibbs 1.00.12  
 14. Claire Scoots 1.00.83  
 15. Alexandra Whitty 1.01.71  
 16. Louise Grabowski 1.04.68  
 17. Ceili Fitzgerald 1.06.51  
 18. Darice Powell 1.06.78  
 19. Lisa Branch 1.08.22  
 20. Kristen Smith 1.12.01  
 21. Annik Bilat 1.16.84  
 22. Tracey Virtue Disq.

8 & under 50m Free - Boys  
 (Record Gregory Johnson 44.81)

1. Robbie Jones 44.97  
 2. Nicholas Jones 54.48  
 3. Matthew Wight 56.92  
 4. Patrick Clough 57.78  
 5. Denison Miller 1.00.90  
 6. Jason Webster 1.01.60  
 7. Mark Cummings 1.04.11  
 8. George Cunningham 1.04.96  
 9. Robert Joy 1.07.58  
 10. Anthony Terry 1.07.82  
 11. Jason Hislop 1.17.21

9 & 10 50m Free - Girls  
 (Record Lisa Buchanan 35.71)

1. Lisa Abbott 36.70  
 2. Jane Bettany 41.48  
 3. Christine Hetley 42.46  
 4. Jessica Hislop 43.04  
 5. Emily Davies 44.58  
 6. Amber Shapiro 46.74  
 7. Karen Ward 47.97  
 8. Otelia McKeever 48.95  
 9. Lauren Bush 50.25  
 10. Irish Foster 52.49  
 11. Lisa Scoots 52.68  
 12. Hannah Gibbs 58.01

9 & 10 50m Free - Boys  
 (Record Tristan Abbott 34.79)

1. Jonathan Doak 41.95  
 2. Jake Treen 42.24  
 3. Jonathan McLean 44.12  
 4. Neil Brown 45.40  
 5. Joshua Burke 52.96  
 6. Juergen Graesing 54.34  
 7. Joe Clough Disq.

11 & 12 100m Free - Girls  
 (Record: Samantha Erskine 1.21.13)

1. Samantha Erskine 1.18.31\*  
 2. Tina Rae 1.28.67  
 3. Lisa Tatum 1.35.54  
 4. Glaney Tatum 1.44.56  
 5. Raquel Tibbetts 1.50.29  
 6. Krista Dixon Disq.

11 - 12 100m Free - Boys  
 (Record: James Bettany 1.14.32)

1. James Bettany 1.18.06  
 2. Anthony Whitty 1.20.30  
 3. William Jones 1.29.22  
 4. Jeremy Scott 1.34.03  
 5. Joel Treen 1.35.50  
 6. Clem Scott 1.41.97  
 7. Fernando Ebanks 1.43.61  
 8. Olin Ebanks 1.54.14

13 & 14 100m Free - Girls  
(Record: Caroline Marr 1.09.32)  
1. Olivia Scott 1.41.42  
2. Natasha Dixon 1.51.80  
3. Tonia Ebanks 2.00.59

15 - 18 100m Free - Girls  
(Record: Caroline Marr 1.09.53)  
1. Caroline Marr 1.09.01\*

8 & under 50m Breast - Girls  
(New event)  
1. Kristina Abbott 1.02.79  
2. Shauna Powell 1.06.57  
3. Lindsey Ross 1.06.65  
4. Keisha Nicholson 1.06.71  
5. Joanne Mackin 1.07.16  
6. Felicity Gibbs 1.10.28  
7. Joanna Virtue 1.12.36  
8. Caroline Key 1.12.75  
9. Jenna Treen 1.13.18  
10. Anaik Goelo 1.13.95  
11. Ceili Fitzgerald 1.15.78  
12. Annik Bilat 1.15.83  
13. Alexandra Whitty 1.20.56  
14. Claire Scoots 1.21.19  
15. Louise Grabowski 1.22.32  
16. Joanne Prescott 1.23.19  
17. Kristem Smith 1.28.73  
18. Darice Powell 1.22.32

9 & 10 50m Breast - Girls  
(Record: Lisa Buchanan 47.28)  
1. Lisa Abbott 49.40  
2. Christine Hetley 52.62  
3. Jane Bettany 54.28  
4. Emily Davies 54.47  
5. Amber Shapiro 55.82  
6. Hannah Gibbs 1.01.13  
7. Karen Ward 1.01.86  
8. Jessica Hislop 1.08.60  
9. Lisa Scoots 1.10.63  
10. Irish Foster 1.13.45  
11. Lauren Bush Disq.

11 & 12 100m Breast - Girls  
(New event)  
1. Samantha Erskine 1.39.19  
2. Glaney Tatum 2.34.98  
3. Krista Dixon 3.00.68  
4. Raquel Tibbetts Disq.

13 & 14 100m Breast - Girls  
(New event)  
1. Tonia Ebanks 2.40.92  
2. Natasha Dixon 2.43.73

15 - 18 100m Breast - Girls  
(New event)  
1. Caroline Marr 1.35.86

8 & under 50m Backstroke - Girls  
(New event)  
1. Shauna Powell 1.01.37  
2. Joanne Mackin 1.06.23  
3. Joanne Prescott 1.07.53  
4. Claire Scoots 1.10.34  
5. Alexandra Whitty 1.11.11

13 & 14 100m Free - Boys  
(Record: Martin Leggatt 1.07.84)  
1. Jason Bynoe 1.08.55  
2. Oneil Roberts 1.13.36  
3. Dean Ruddy 1.16.38  
4. Dominic Ross 1.18.03  
5. Sean Smith 1.37.31  
6. Joel McLean 1.38.

15 - 18 100m Free - Boys  
(Record: John Lawrence 1.08.69)  
No entry

8 & under 50m Breast - Boys  
(New event)  
1. Robbie Jones 58.14  
2. Anthony Terry 1.10.07  
3. Robert Joy 1.11.12  
4. Denison Miller 1.21.48  
5. Matthew Wight 1.21.70  
6. Mark Cummings 1.24.4  
7. Jason Webster 1.26.75  
8. Jason Hislop 1.41.31  
9. George Cunningham 1.43.22  
10. Nicholas Jones Disq.  
11. Patrick Clough Disq.

9 & 10 50m Breast - Boys  
(Record: William Jones 56.06)  
1. Jake Treen 55.53\*  
2. Joe Clough 1.01.91  
3. Jonathan Doak 1.03.16  
4. Juergen Graesing 1.03.16  
5. Neil Brown 1.16.10  
6. Joshua Burke Disq.

11 & 12 100m Breast - Boys  
(New event)  
1. James Bettany 1.55.19  
2. Clem Scott 1.56.92  
3. William Jones 1.57.54  
4. Anthony Whitty 2.01.46  
5. Fernando Ebanks 2.21.49  
6. Joel Treen Disq.

13 & 14 100m Breast - Boys  
(New event)  
1. Jason Bynoe 1.30.51  
2. Dominic Ross 1.36.08  
3. Dean Ruddy 1.47.81  
4. Oneil Roberts 2.02.48  
5. Joel McLean 2.20.00

15 - 18 100m Breast - Boys  
(New event)  
No entry

8 & under 50m Backstroke - Boys  
(New event)  
1. Robbie Jones 1.00.32  
2. Nicholas Jones 1.12.20  
3. Jason Webster 1.24.95  
4. Matthew Wight 1.27.32  
5. Anthony Terry 1.27.54

6. Ceili Fitzgerald	1.12.20
7. Lisa Branch	1.13.19
8. Felicity Gibbs	1.15.01
9. Jenna Treen	1.16.39
10. Lindsey Ross	1.16.69
11. Cherie Branch	1.18.87
12. Keisha Nicholson	1.20.96
13. Louise Grabowski	1.27.80
14. Kristen Smith	1.47.53
15. Kristina Abbott	Disq.

9 & 10 50m Backstroke - Girls	
(Record: Emma Ward 49.03)	
1. Lisa Abbott	44.54*
2. Jane Bettany	49.70
3. Jessica Hislop	50.62
4. Emily Davies	54.81
5. Trish Foster	59.79
6. Karen Ward	1.03.36
7. Lauren Bush	1.04.54
8. Otelia McKeever	1.11.24
9. Hannah Gibbs	1.14.64
10. Stephanie Webster	2.03.70
11. Christine Hetley	Disq.

11 & 12 100m Backstroke - Girls	
(New event)	
1. Samantha Erskine	1.37.21
2. Krista Dixon	2.18.92
3. Glaney Tatum	2.23.30
4. Lisa Tatum	2.40.82

13 & 14 100m Backstroke - Girls	
(New event)	
1. Olivia Scott	2.15.12
2. Natasha Dixon	2.44.44

8 & under 50m Butterfly - Girls	
(New event)	
1. Lindsey Ross	1.13.39
2. Shauna Powell	1.18.04
3. Cherie Branch	1.24.03
4. Joanne Mackin	1.25.99
5. Joanna Virtue	1.27.69
6. Felicity Gibbs	1.28.33
7. Keisha Nicholson	1.30.52
8. Joanne Prescott	1.42.70
9. Lisa Branch	1.48.98

9 & 10 50m Butterfly - Girls	
(New event)	
1. Lisa Abbott	48.53
2. Jane Bettany	54.82
3. Emily Davies	58.08
4. Christine Hetley	58.41
5. Lauren Bush	1.16.35
6. Trish Foster	1.18.62
7. Hannah Gibbs	1.35.15
11 & 12 100m Butterfly - Girls	
(New event)	
1. Samantha Erskine	1.44.68

13 & 14 100m Butterfly - Girls  
(New event)  
No entries

6. Robert Joy	1.36.38
7. George Cunningham	1.38.76
8. Jason Hislop	2.02.54

9 & 10 50m Backstroke - Boys	
(Record: Anthony Whitty 48.76)	
1. Jake Treen	52.64
2. Jonathan Doak	53.81
3. Jonathan McLean	1.00.52
4. Neil Brown	1.06.29
5. Juergen Graesing	1.08.95
6. Joshua Burke	1.10.56

11 & 12 100m Backstroke - Boys	
(New event)	
1. James Bettany	1.33.34
2. Anthony Whitty	1.41.83
3. William Jones	1.54.39
4. Joel Treen	2.00.88
5. Jeremy Scott	2.09.05
6. Fernando Ebanks	2.46.44

13 & 14 199m Backstroke - Boys	
(New event)	
1. Oneil Roberts	1.34.22
2. Dominic Ross	1.39.75
3. Joel McLean	2.06.49
4. Sean Smith	2.13.82

8 & under 50m Butterfly - Boys	
(New event)	
1. Robbie Jones	1.09.15
2. Matthew Wight	1.18.74
3. Patrick Clough	1.19.04
4. Nicholas Jones	1.20.50
5. Anthony Terry	1.35.10
6. Robert Joy	1.55.39
7. George Cunningham	2.05.39

9 & 10 50m Butterfly - Boys	
(New event)	
1. Jake Treen	56.99
2. Jonathan Doak	1.05.15
3. Jonathan McLean	1.05.80
4. Joe Clough	1.11.12
5. Neil Brown	1.14.77
6. Joshua Burke	1.16.23
7. Juergen Graesing	1.20.43

11 & 12 100m Butterfly - Boys	
(New event)	
1. James Bettany	1.47.63
2. Anthony Whitty	1.59.15
3. William Jones	1.59.75
4. Joel Treen	2.14.41
5. Fernando Ebanks	2.58.52

13 & 14 100m Butterfly - Boys	
(New event)	
1. Jason Bynoe	1.25.81
2. Oneil Roberts	1.40.34
3. Dean Ruddy	1.46.59
4. Joel McLean	2.27.94

15 - 18 100m Butterfly - Girls  
(New event)

1. Caroline Marr 1.28.55

8 & under 100m Individual Medley  
(IM) - Girls  
(New event)

1. Kristina Abbott 2.13.47  
2. Shauna Powell 2.20.24  
3. Lindsey Ross 2.28.34  
4. Cherie Branch 2.36.15  
5. Joanna Virtue 2.40.66  
6. Jenna Treen 2.41.79

9 & 10 200m IM - Girls  
(New event)

1. Lisa Abbott 3.35.70  
2. Jane Bettany 4.03.43  
3. Emily Davies 4.34.47  
4. Lauren Bush 5.13.23  
5. Lisa Scoots 5.23.07  
6. Trish Foster 5.58.94

11 & 12 200m IM - Girls  
(New event)

1. Samantha Erskine 3.24.97

13 & 14 200m IM - Girls  
(New event)

No entry

15 - 18 200m IM - Girls  
(New event)

1. Caroline Marr 3.02.01

8 & udr 200m Freestyle Relay -  
Girls  
(New event)

1. Keisha Nicholson  
Felicity Gibbs  
Lindsey Ross  
Joanne Mackin 4.02.51  
2. Emma Hughes  
Louise Grabowski  
Caroline Key  
Joanna Virtue 4.05.34  
3. Jenna Treen  
Alexandra Whitty  
Ceili Fitzgerald  
Kristina Abbott 4.15.85  
4. Annik Bilat  
Anaick Goelo  
Claire Scoots  
Shauna Powell 4.24.1  
5. Tracey Virtue  
Darice Powell  
Cherie Branch  
Lisa Branch 5.38.17

9 & 10 200m Freestyle Relay -  
Girls  
(New event)

1. Christine Hetley

15 - 18 100m Butterfly - Boys  
(New event)

No entry

8 & under 100m Individual  
Medley (IM) - Boys  
(New event)

1. Robbie Jones 2.04.40  
2. Nicholas Jones 2.32.45  
3. Patrick Clough 2.38.24  
4. Matthew Wight 2.48.42  
5. Robert Joy 3.15.10  
6. George Cunningham 3.49.62

9 & 10 200m IM - Boys  
(New event)

1. Jake Treen 4.11.37  
2. Joe Clough 5.01.22  
3. Joshua Burke 6.15.53  
4. Neil Brown Disq.

11 & 12 200m IM - Boys  
(New event)

1. James Bettany 3.29.37  
2. Anthony Whitty 3.46.82  
3. William Jones 4.06.32  
4. Joel Treen 4.24.30  
5. Fernando Ebanks 5.36.67

13 & 14 200m IM - Boys  
(New event)

1. Jason Bynoe 3.04.94  
2. Dean Ruddy 3.33.07  
3. Oneil Roberts 3.33.74  
4. Dominic Ross 3.38.24  
5. Joel McLean 4.26.70

15 - 18 200m IM - Boys  
(New event)

No entry

8 & udr 200m Freestlye Relay -  
Boys  
(New event)

1. Nicholas Jones  
Robert Joy  
Matthew Wight  
Robbie Jones 4.09.10  
2. Anthony Terry  
Mark Cummings  
Patrick Clough  
George Cunningham 4.39.27

9 & 10 200m Freestlye Relay -  
Boys  
(New event)

1. Neil Brown

Karen Ward		Jonathan Doak	
Jane Bettany		Jonathan McLean	
Lisa Abbott	2.59.79	Jake Treen	3/16/30
2. Lauren Bush			
Trish Foster			
Hannah Gibbs			
Amber Shapiro			
3. Stephanie Webster			
Jessica Hislop			
Lisa Scoots			
Emily Davies			

11 - 12 400m Freestyle Relay - Girls (New event)		11 - 12 400m Freestyle Relay - Boys (New event)	
1. Lisa Tatum		1. Anthony Whitty	
Olivia Scott		Joel Treen	
Tonia Ebanks		William Jones	
Samantha Erskine	6.51.65	James Bettany	6.32.92

13 - 14 400m Freestyle Relay - Girls (New event)		13 - 14 400m Freestyle Relay - Boys (New event)	
No entry		1. Oneil Roberts	
		Dean Ruddy	
		Joel Mclean	
		Jason Bynoe	5.52.85
		2. Jeremy Scott	
		Fernando Ebanks	
		Clem Scott	
		Dominic Ross	6.35.01

15 - 18 400m Freestyle Relays - Girls and Boys - No entries.

KARL DALHOUSE CLUB SWIM MEET, JAMAICA July 1990

\*\*\*\*\*

We were invited to send a team to this international competition held at the YMCA in Kingston in mid-July. The notice was short and many swimmers were unavailable at the time, but we were nevertheless able to send a team of 5 boys and 2 girls, many of whom swam personal best times, and all of whom represented the Cayman Islands with great credit. The meet was a large one with over 400 competitors taking part, and provided excellent experience for the young swimmers.

Caroline Marr struck gold twice with 1st places in 100m Freestyle and 100m Breaststroke. With a silver and two bronze medals also to her name she was undoubtedly the star of Cayman's show. In the 11-12 age group Samantha Erskine achieved a 5th place in the 100m Breaststroke, and Robbie Jones also came 5th in the 8 and under 50m Butterfly.

FULL RESULTS OF TEAM MEMBERS:

Caroline Marr, 15 -17 age group

100m Breaststroke	1.31.57**	3rd
100m Backstroke	1.28.09	3rd
100m Freestyle	1.06.92**	1st
100m Butterfly	1.24.50**	1st
200m Individual Medley	2.56.60**	2nd

Samantha Erskine, 11-12 age group

100m Breaststroke	1.34.73**	5th
100m Backstroke	1.35.78**	8th
100m Freestyle	1.20.25	7th
200m Individual Medley	Disq.	

Tristan Abbott, 11 -12 age group

100m Breaststroke	1.36.07**	9th
100m Backstroke	1.32.83**	8th
100m Freestyle	1.13.80**	8th

100m Butterfly	1.30.23**	9th
200m Individual Medley	3.06.87**	8th

William Jones, 11 - 12 age group

100m Breaststroke	1.53.06*	13th
100m Backstroke	1.51.14	10th
100m Freestyle	1.26.09	12th
100m Butterfly	1.57.74	12th
200m Individual Medley	3.50.93	13th

Jason Bynoe, 13 - 14 age group

100m Breaststroke	1.29.21**	6th
100m Backstroke	1.31.11**	7th
100m Freestyle	1.09.05	6th
100m Butterfly	1.23.70**	6th
200m Individual Medley	2.53.45**	6th

Oneil Roberts, 13 - 14 age group

100m Breaststroke	1.57.01	11th
100m Backstroke	1.42.67	10th
100m Freestyle	1.13.46	9th
100m Butterfly	1.38.33	7th
200m Individual Medley	3.33.74	11th

Robbie Jones, 8 and under age group

50m Breaststroke	53.00**	6th
50m Backstroke	54.44**	6th
50m Freestyle	45.35	6th
50m Butterfly	1.02.68**	5th
100m Individual Medley	2.01.41**	7th

\* Time faster than previous Cayman record.

\*\* New Cayman records.

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 \* DATES FOR THE DIARY \*  
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22 September....3rd ANNUAL TEXACO TWOSOME HALF MILE SWIM  
 Half mile course from the beach south of Government House to the south end of the Public Beach. Enter either the individual event or as a family twosome.

20 October....6th ANNUAL FOSTERS FOOD FARE HALF MILE SWIM  
 Always a popular event close to Pirates Week.

28 October....11th PIRATES WEEK THREE MILE SWIM  
 The oldest long distance swim in Cayman and a real test of stamina and determination. Great prizes this year!

2 November....PIRATES WEEK KIDS TRIATHLON  
 Time for the kids to get in the water, on the bikes and out on the road. A team triathlon with lots of Pirates Week fun.

3 November....PIRATES WEEK SWIM MEET  
 Full age group meet at the Lions Pool

It is hoped that both training and competition will be expanded to further the growth of swimming as a sport in the Cayman Islands. This will mean more meets and more work for everyone, but the potential rewards are great. All parents of children in the swimming programme are urged to join the Swimming Association and give maximum support to the kids. Family Membership costs only \$25 per year and brings the benefits of reduced entry fees for distance sea swims and a regular newsletter with full details of times, places, records, etc.



THANK-YOU

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The Cayman Islands Amateur Swimming Association is very grateful to its sponsors for the valued support they give the sport each year. The Committee is also greatly indebted to the volunteer helpers who turn out so faithfully to assist with the sea swims and pool meets, giving up precious weekend time to do so. Without our starters, marshalls, time-keepers, and rescue volunteers in boats and on the beach, it would not be possible to hold so many successful events in the pool and in the sea. To them all we say a big "thank you". We have some exciting things to look forward to in the coming months, and anyone else willing to help would be very welcome.

For further information call Richard Jones (99277)  
Colin Abbott (71503)  
Diana Whitty (99153)



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 \* CAYMAN ISLANDS AMATEUR SWIMMING ASSOCIATION \*  
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 \* NEWSLETTER - JANUARY 1991 \*  
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Some exciting developments have taken place in the sport of swimming in Cayman during recent months. These include the first international swim meet ever to be held in the Cayman Islands and the expansion of the programme at the Lions Pool, where Aquatic Director Jim Hagen and his staff now have 4 teams in regular training. The number of children's teams has been increased to three, encompassing all levels of competitive swimming from those who require quite a bit of assistance with their stroke technique to our young international swimmers. In order to be included in any of these teams children have to meet certain standards of ability, and anyone interested should contact Jim Hagen and ask for a try-out. In addition the new MASTERS team, which Peter Stafford worked so hard to establish, has proved to be a great success. Coached by Bertram Allette, a dedicated group of more mature swimmers takes this welcome opportunity to keep in shape and improve skills.

Swim Team Schedule -

- Masters...Wednesday, Friday - 5.15-6.45pm  
Saturday - 9.30-10.45am
- "A" Team..Tuesday, Thursday - 4.00-5.45pm  
Saturday - 8.00-9.30am
- "B" Team..Monday, Wednesday, Friday - 4.00-5.00pm
- "C" Team..Tuesday, Thursday - 3.00-4.00pm

CHRONOPRINTER

In September the Association was presented with the magnificent gift of a chronoprinter, thanks to the generosity of Kirk Freeport and the manufacturer Tag Heuer of Switzerland. It is the latest thing in portable timing devices and is capable of providing times for hundreds of competitors in a single event. It has already been put to very good use in the distance swims of the last few months, and we are indeed very grateful to the donors for providing us with such a fine piece of equipment.

EVENTS - SEPTEMBER - DECEMBER 1990  
 \*\*\*\*\*

3rd ANNUAL TEXACO TWOSOME HALF-MILE SWIM September 22nd  
 \*\*\*\*\*

Fifty-three swimmers took part in this the first event after the summer break. Once again Peter Stafford took first place, with Victor Thompson not far behind. In third place came Jason Bynoe who swam a great race in his fastest ever time. Three other youngsters also deserve special mention, the twelve-years olds James Bettany and Tony Whitty who came in overall 6th and 9th places respectively, and Lisa Abbott who was in 10th place and the first lady home.

Only two teams entered the family duo event, which was disappointing. The trophy went to the Allen family yet again, but this year it was Graham who teamed up with father Eddie in the absence of older brother Martin. The Scoots team (Lisa and Peter) made a brave attempt to break the Allen monopoly but were not quite strong enough. We need more families to go into training ready for next year so we can give those Allens some competition!

FEMALE		MALE	
<b>6 &amp; under</b>			
(49) Alexandra Whitty	41.02	(43) Alex Bassett	25.02
		(44) Nicholas Jones	25.36
<b>7-8</b>			
(42) Tina Abbott	24.55	(28) Robert Jones	20.02
(46) Jessica Bassett	25.54		
(47) Jenna Treen	25.55		
<b>9-10</b>			
(10) Lisa Abbott	16.03	(25) Jake Treen	18.56
(20) Jane Bettany	17.55	(30) Juergen Graesing	20.43
<b>11-12</b>			
(44) Rebecca Jones	25.36	(6) James Bettany	14.59

		(9) Tony Whitty	15.58	
		(21) Joel Treen	17.57	
		(40) Frank Flowers Jr.	24.11	
13-14				
		(3) Jason Bynoe	13.06	
		(15) Dominic Ross	16.52	
15-17	No entry	No entry		
18-34				
	(14) Nicola Jordan	16.18	(1) Peter Stafford	12.18
	(19) Tracey Elliot	17.45	(4) Pierre Gross	13.89
	(29) Wendy Sanderson	20.29	(7) Tim Byrne	15.24
	(31) Merja Personnen	21.19	(12) Greg Link	16.13
	(35) Joan Lammons	23.00	(13) Greg Rivers	16.16
			(18) Dominic Bannon	17.31
			(23) Peter Nicholson	18.41
			(24) Dalvin Ebanks	18.51
			(36) Matthew Nicholson	23.22
35 & over				
	(22) Ann Stafford	18.07	(2) Victor Thompson	13.00
	(38) Ruth Allen	23.42	(5) Frank Flowers	14.00
			(8) Hugh Thomas	15.57
			(11) Fin Temple	16.07
			(26) Richard Lammons	19.13
			(27) Don Sanderson	19.36
			(34) Bert Allette	22.48
			(37) Colin Chaffe	23.22
			(39) John Davies	24.00
			(41) Ian Worth	24.25
			(48) Ken Romans	30.23

#### FAMILY DUO

- (1) Graham Allen (17.27) and Eddie Allen (17.18)  
 (2) Lisa Scoots (22.02) and Peter Scoots (22.01)

#### SPECIAL AWARDS

- Oldest in Race           John Davies  
 Youngest in Race       Nicholas Jones  
 Perseverance           Alexandra Whitty

#### PIRATES WEEK THREE MILE SWIM     October 28th 1990

\*\*\*\*\*

An early nor'wester kept the pirates off the sea this year, but not our intrepid swimmers from the water. At one time it looked as though this traditional Pirates Week event would have to be postponed, but the weather cleared and the sea calmed sufficiently for it to go ahead, albeit in modified form. As in the previous year, the race was swum in a southerly direction from the Public Beach owing to the strong current. However, it was not thought wise to go all the way to the Wharf, and the course ended at the Radisson Hotel, some 2.2 miles from the start.

The difficult conditions brought a reduction in the number of entries and only eleven swimmers took part. However everyone finished the course and in very creditable times too. Peter Stafford was once again first across the line, with Californian visitor Lisa Hall leading home the ladies.

Special awards went to the youngest swimmer, 12 year old James Bettany, and the oldest, the amazing John Davies.

#### RESULTS

1. Peter Stafford	49:53.6	7. James Bettany	1:04:32.9
2. Victor Thompson	52:20.0	8. Ann Stafford	1:08:14.3
3. Frankie Flowers	54:45.4	9. Peter Scoots	1:13:25.5
4. Fin Temple	1:00:27.4	10. Merja Personen	1:21:10.9
5. Tim Byrne	1:00:44.5	11. John Davies	1:25:29.1
6. Lisa Hall	1:03:04.6		

Special mention should be made of the crews of the three rescue boats which saw after the safety of the swimmers during the race. The sea was uncomfortably rough for them and they demonstrated considerable boat-handling skill in ensuring all the competitors were okay at all times. A very big "thank-you" to them all.

PIRATES WEEK POOL MEET November 3rd/17th 1990

\*\*\*\*\*

Because of the weather, the Pirates Week Pool Meet had to be held in two parts this year. Despite heavy skies and rain it was decided to go ahead with the meet on the original date, not least because a sizeable contingent of swimmers from the Brac had come over especially for it. However during the swimming of the freestyle races it became obvious that the meet could not continue in the prevailing conditions and a later date was set for its continuation. The remaining events were swum on the 17th in bright sunshine. Unfortunately many of the originally entered swimmers were not present but the meet was nevertheless a success, with a total of 14 records being broken.

Outstanding Boy Swimmer of the Meet.....JAMES BETTANY

Outstanding Girl Swimmer of the Meet.....LISA ABBOTT

FULL RESULTS (\*\* = New record)

6 & under 25m Freestyle - Girls  
 (Record: Shauna Powell 24.92)  
 1. Joanne Prescott 25.67  
 2. Alexandra Whitty 26.23  
 3. Jean Sanderson 27.23  
 4. Layla Scott 30.52  
 5. Laura Howard 30.62  
 6. Nina Grace 31.15  
 7. Catriona Graesing 1:11.87

6 & under 25m Freestyle - Boys  
 (Record: Stephen Ebanks 20.75)  
 1. Nicholas Jones 21.37  
 2. Alex Basset 22.27  
 3. Daniel Good 27.43  
 4. Jason Hislop 29.32  
 5. Frank Geoghegan 37.27  
 6. Jordan McLean 37.88  
 7. Robert Ibeh 42.08

7-8 50m Freestyle - Girls  
 (Record: Caroline Sullivan 40.40)  
 1. Tina Abbott 45.66  
 2. Shauna Powell 46.64  
 3. Vicky Joseph 50.22  
 4. Lindsey Ross 54.18  
 5. Joanne Mackin 54.70  
 6. Jenna Treen 56.25  
 7. Claire Scoots 56.58  
 8. Anaik Goelo 59.15  
 9. Amanda Taylor 1:00.20  
 10. Louise Grabowski 1:01.28  
 11. Jessica Basset 1:06.50  
 12. Meghan Keenan 1:08.15  
 13. Cecilia King 1:12.86

7-8 50m Freestyle - Boys  
 (Record: Greg Johnson 44.81)  
 1. Robbie Jones 42.90\*\*\*  
 2. Stephen Ebanks 50.96  
 3. Miguel Good 51.68  
 4. Patrick Clough 57.19  
 5. Steven Walsh 1:00.31  
 6. Richard Grabowski 1:01.18  
 7. Mark Cummings 1:16.10

9-10 50m Freestyle - Girls  
 (Record: Lisa Buchanan 35.71)  
 1. Lisa Abbott 35.89  
 2. Jane Bettany 41.68  
 3. Jessica Hislop 42.71  
 4. Christine Hetley 42.85  
 5. Trish Foster 46.88  
 6. Lisa Scoots 49.84  
 7. Lauren Bush 52.21

9-10 50m Freestyle - Boys  
 (Record: Tristan Abbott 34.79)  
 1. Jake Treen 45.15  
 2. Neil Brown 49.70  
 3. Juergen Graesing 50.99  
 4. Joshua Burke 52.44  
 5. Anthony Terry 59.93

11-12 100m Freestyle - Girls  
 (Record: Samantha Erskine 1:18.31)  
 1. Lisa Buchanan 1:19.20  
 2. Leanne Buchanan 1:21.22  
 3. Samantha Erskine 1:22.11  
 4. Joanne Ruty 1:40.16  
 5. Krista Dixon 2:06.64  
 6. Simone Gouboult 2:18.90

11-12 100m Freestyle - Boys  
 (Record: Tristan Abbott 1:13.80)  
 1. James Bettany 1:21.46  
 2. Anthony Whitty 1:23.49  
 3. Fernando Ebanks 2:03.01  
 4. Timothy McKenzie 2:16.41

13-14 100m Freestyle - Girls  
 (Record: Caroline Marr 1:09.32)  
 No entry

13-14 100m Freestyle - Boys  
 (Record: Martin Leggatt 1:07.84)  
 1. Oneil Roberts 1:11.45  
 2. Dean Ruty 1:13.64  
 3. Dominic Ross 1:20.51  
 4. Jason Bynoe 1:22.57  
 5. Christopher Bryan 3:24.48

15-18 100m Freestyle - Girls  
(Record: Caroline Marr 1.09.01)  
No entry

15-18 100m Freestyle - Boys  
(Record: John Lawrence 1.08.69)  
1. Jonas Jones 1:12.15  
2. Dean Walton 1:23.28

6 & under 25m Breaststroke - Girls  
(New event)  
1. Jean Sanderson 31.29  
2. Alexandra Whitty 33.64  
3. Layla Scott 34.03

6 & under 25m Breaststroke - Boys  
(New event)  
1. Nicholas Jones 28.03  
2. Alex Basset 29.63  
3. Frank Geoghegan 36.42  
4. Jason Hislop 38.14

7-8 50m Breaststroke - Girls  
(New event)  
1. Tina Abbott 57.45  
2. Shauna Powell 1:02.18  
3. Vicky Joseph 1:04.54  
4. Lindsey Ross 1:06.29  
5. Jenna Treen 1:10.57  
6. Cecilia King 1:14.25  
7. Amanda Taylor 1:18.92  
Louise Grabowski Disq.  
Jessica Basset Disq.

7-8 50m Breaststroke - Boys  
(New event)  
1. Robbie Jones 54.24  
2. Miguel Good 1:05.39  
3. Steven Walsh 1:07.42  
4. Robert Hurlstone 1:09.11  
5. Denison Miller 1:11.43  
6. Patrick Clough 1:11.97  
7. Richard Grabowski 1:16.37  
8. Mark Cummings 1:17.84

9-10 50m Breaststroke - Girls  
(Record: Lisa Buchanan 47.28)  
1. Lisa Abbott 49.12  
2. Christine Hetley 51.90  
3. Jane Bettany 54.68

9-10 50m Breaststroke - Boys  
(Record: Jake Treen 55.53)  
1. Jake Treen 55.45\*\*\*  
2. Joe Clough 1:05.39  
3. Neil Brown 1:13.23  
Juergen Graesing Disq.

11-12 100m Breaststroke - Girls  
(Record: Samantha Erskine 1:34.73)  
1. Samantha Erskine 1:34.43\*\*\*  
2. Lisa Buchanan 1:37.77  
3. Leanne Buchanan 1:44.03  
4. Joanne Ruty 1:55.67

11-12 100m Breaststroke - Boys  
(Record: Tristan Abbott 1:36.07)  
1. James Bettany 1:47.61  
2. Anthony Whitty 1:51.42

13-14 100m Breaststroke - Girls  
(Record: Tonia Ebanks 2:40.92)  
No entry

13-14 100m Breaststroke - Boys  
(Record: Jason Bynoe 1:29.21)  
1. Jason Bynoe 1:27.09  
2. Dominic Ross 1:34.88  
Dean Ruty Disq.

15-18 100m Breaststroke - Girls  
(Record: Caroline Marr 1.35.86)  
No entry

15-18 100m Breaststroke - Boys  
(No record)  
1. Jonas Jones 1:28.91

6 & under 25m Backstroke  
(Record: Kristina Abbott 30.45)  
1. Alexandra Whitty 28.88\*\*\*  
2. Jean Sanderson 31.84  
3. Layla Scott 32.11

6 & under 25m Backstroke - Boys  
(Record: Andrew Wood 29.06)  
1. Alex Basset 27.16\*\*\*  
2. Nicholas Jones 29.10  
3. Jason Hislop 38.63  
4. Frank Geoghegan 43.42

7-8 50m Backstroke - Girls  
(New event)  
1. Shauna Powell 53.35  
2. Tina Abbott 54.40  
3. Jessica Basset 1:01.33  
4. Vicky Joseph 1:03.14  
5. Louise Grabowski 1:11.81  
6. Amanda Taylor 1:13.68  
7. Jenna Treen 1:16.28  
8. Lindsey Ross 1:16.84

7-8 50m Backstroke - Boys  
(New event)  
1. Robbie Jones 53.95  
2. Denison Miller 1:06.54  
3. Steven Walsh 1:09.58  
4. Richard Grabowski 1:23.14  
5. Mark Cummings 1:29.79

9-10 50m Backstroke - Girls  
(Record: Lisa Abbott 44.54)  
1. Lisa Abbott 43.87\*\*\*  
2. Jessica Hislop 47.61  
3. Jane Bettany 48.50  
4. Christine Hetley 52.15

9-10 50m Backstroke - Boys  
(Record: Anthony Whitty 48.76)  
1. Jake Treen 55.67  
2. Neil Brown 1:03.01  
3. Juergen Graesing 1:09.40

11-12 200m Ind. Medley - Girls (Record: Samantha Erskine 3:24.97)	11-12 200m Ind. Medley - Boys (Record: Tristan Abbott 3:06.87)
1. Samantha Erskine 3:21.90***	1. James Bettany 3:26.56
2. Leanne Buchanan 3:43.55	2. Anthony Whitty 3:37.02

13-14 200m Ind. Medley - Girls (No record) No entry	13-14 200m Ind. Medley - Boys (Record: Jason Bynoe 2:53.43)
	1. Jason Bynoe 2:57.63
	2. Oneil Roberts 3:22.94
	Dean Ritty Disq.

15-18 200m Ind. Medley - Girls (Record: Caroline Marr 3.02.01) No entry	15-18 200m Ind. Medley - Boys (No record)
	1. Jonas Jones 3:17.42

6 & under 100m Free Relay - Girls (New event)	6 & under 100m Free Relay - Boys (New event)
1. Catriona Graesing Jean Sanderson Layla Scott Alexandra Whitty 2:45.00	1. Frank Geoghegan Jason Hislop Alex Basset Nicholas Jones 1:49.96

7-8 200m Free Relay - Girls (New event)	7-8 200m Free Relay - Boys (New event)
1. Tina Abbott Shauna Powell Jenna Treen Vicky Joseph 3:33.39	1. Robbie Jones Richard Grabowski Steven Walsh Denison Miller 3:53.00
2. Cecilia King Amanda Taylor Lindsey Ross Jessica Basset 4:12.91	

9-10 200m Free Relay - Girls (Record: Lisa Buchanan; Lisa Jane Bettany; Christine Hetley 2.59.79)	9-10 200m Free Relay - Boys (Record: William Jones; Anthony Whitty; Stuart Foster; Jonathan King (2:25.24)
1. Lisa Abbott Jane Bettany Jessica Hislop Christine Hetley 2:51.59	1. Jake Treen Juergen Graesing Joe Clough Neil Brown 3:29.42

11-12 400m Free Relay - Girls (Record: Lisa Tatum; Olivia Scott; Tonia Ebanks; Samantha Erskine 6.51.65)	11-12 400m Free Relay - Boys (Record: Anthony Whitty; Joel Treen; William Jones; James Bettany (6.32.92)
1. Leanne Buchanan Joanne Ritty Samantha Erskine Lisa Buchanan 5:42.11***	No entry

13-14 400m Free Relay - Girls (No record) No entry	13-14 400m Free Relay - Boys (Record: Oneil Roberts; William Jones; Jason Bynoe; Tristan Abbott 5:13.64)
	1. Jason Bynoe Oneil Roberts Dean Ritty Dominic Ross 5:13.19***

15-18 400m Free Relay - Girls (No record) No entry	15-18 400m Free Relay - Boys (No record) No entry
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6th ANNUAL FOSTERS FOOD FARE HALF MILE SWIM November 4th 1990  
\*\*\*\*\*

43 swimmers competed in the Fosters swim, including sponsor Shane Foster who placed first in his age group. With Peter Stafford missing the race the way was clear for Victor Thompson to come in a clear winner ahead

11-12 100m Backstroke - Girls (Record: Samantha Erskine 1.35.78)	11-12 100m Backstroke - Boys (Record: Tristan Abbott 1.32.83)
1. Samanthan Erskine 1:33.58***	1. James Bettany 1:27.30***
	2. Anthony Whitty 1:35.89
13-14 100m Backstroke - Girls (Record: Olivia Scott 2.15.12)	13-14 100m Backstroke - Boys (Record: Jason Bynoe 1:31.11)
No entry	1. Oneil Roberts 1:33.21
	2. Dean Ruty 1:38.59
	3. Dominic Ross 1:40.77
15-18 100m Backstroke - Girls (Record: Caroline Marr 1:28.09)	15-18 100m Backstroke - Boys (Record: None)
No entry	1. Jonas Jones 1:30.30
6 & under 25m Butterfly - Girls (New event)	6 & under 25m Butterfly - Boys (New event)
1. Jean Sanderson 30.18	1. Alex Basset 33.43
2. Alexandra Whitty 34.20	2. Jason Hislop 42.59
	Nicholas Jones Disq
7-8 50m Butterfly - Girls (New event)	7-8 50m Butterfly - Boys (New event)
1. Shauna Powell 59.92	1. Robbie Jones 1:04.13
2. Vicky Joseph 1:08.00	2. Patrick Clough 1:10.59
3. Jessica Basset 1:12.70	3. Steven Walsh 1:17.47
4. Cecilia King 1:17.13	
5. Lindsey Ross 1:19.11	
6. Jenna Treen 1:20.89	
9-10 50m Butterfly - Girls (Record: Lisa Abbott 48.53)	9-10 50m Butterfly - Boys (Record: Jake Treen 56.99)
1. Lisa Abbott 46.15***	1. Jake Treen 57.78
2. Jane Bettany 49.79	2. Neil Brown 1:09.89
3. Jessica Hislop 52.30	3. Joe Clough 1:16.79
4. Christine Hetley 53.24	Juergen Graesing Disq.
11-12 100m Butterfly - Girls (Record: Samantha Erskine 1:44.68)	11-12 100m Butterfly - Boys (Record: Tristan Abbott 1:30.23)
1. Leanne Buchanan 1:57.16	1. James Bettany 1:46.13
	2. Anthony Whitty 1:53.65
13-14 100m Butterfly - Girls (No record)	13-14 100m Butterfly - Boys (Record: Jason Bynoe 1:23.70)
No entry	1. Jason Bynoe 1:23.67***
	2. Oneil Roberts 1:44.80
15-18 100m Butterfly - Girls (Record: Caroline Marr 1:28.55)	15-18 100m Butterfly - Boys (No record)
No entry	No entry
6 & under 100m Ind. Medley - Girls (New event)	6 & under 100m Ind. Medley - Boys (New event)
1. Jean Sanderson 2:32.61	Alex Basset Disq.
2. Layla Scott 2:40.99	Nicholas Jones Disq.
Alexandra Whitty Disq.	
7-8 100m Ind. Medley - Girls (New event)	7-8 100m Ind. Medley - Boys (New event)
1. Tina Abbott 2:01.07	1. Robbie Jones 1:56.81
2. Vicky Joseph 2:17.67	2. Patrick Clough 2:28.78
3. Jessica Basset 2:23.29	3. Denison Miller 2:29.00
4. Lindsey Ross 2:26.96	4. Steven Walsh 2:29.40
5. Jenna Treen 2:31.73	
Shauna Powell Disq.	
9-10 200m Ind. Medley - Girls (Record: Lisa Abbott 3:35.70)	9-10 200m Ind. Medley - Boys (Record: Jake Treen 4:11.37)
1. Lisa Abbott 3:31.92***	1. Jake Treen 4:13.98
2. Jane Bettany 3:59.71	2. Neil Brown 4:51.43
	3. Joe Clough 5:21.64
	Juergen Graesing Disq.

of second and third placed Tristan Abbott and Jason Bynoe who had fought out a terrific battle all the way and were only half a second apart at the end.

RESULTS

(overall positions in brackets)

MALE		FEMALE	
6 & under			
1.(26) Nicholas Jones	21:06	No entry	
2.(32) Alex Basset	22:26		
7-8			
1.(21) Robert Jones	18:31	1.(27) Tina Abbott	21:11
		2.(28) Shauna Powell	21:15
		3.(33) Jessica Basset	22:44
		4.(34) Danielle Smith	22:47
		5.(39) Vicky Joseph	25:28
9-10			
1.(18) Jake Treen	17:47	1. (7) Lisa Abbott	15:28
		2.(20) Jane Bettany	18:24
		3.(24) Christine Hetley	20:13
		4.(30) Lisa Scoots	21:36
		5.(38) Chanel Arnfinson	25:19
11-12			
1. (2) Tristan Abbott	13:24	1. (8) Samantha Erskine	15:38
2. (5) James Bettany	14:33	2.(10) Leanne Buchanan	15:41
3. (9) Anthony Whitty	15:39	3.(14) Lisa Buchanan	16:38
		4.(40) Rebecca-Sian Jones	27:84
		5.(42) Vanessa Barnett	30:04
13-14			
1. (3) Jason Bynoe	13:24	No entry	
2.(13) Dominic Ross	16:24		
15-17			
1.(15) Jonah Jones	16:49	No entry	
2.(36) Neil Ross	23:40		
18-29			
1.(11) Shane Foster	15:52	1.(12) Jackie Chapman	16:18
2.(16) Dalvin Ebanks	17:25	2.(25) Merja Personen	20:25
30-39			
1. (1) Victor Thompson	12:42	1.(29) Patty Wood	21:24
2. (6) Fin Temple	15:21	2.(37) Joann Lammons	23:48
3.(19) Peter Scoots	18:00		
4.(23) Richard Lammons	19:23		
5.(31) Bert Allette	21:52		
40-49			
1. (4) Frank Flowers	13:47	1.(17) Ann Stafford	17:32
2.(22) Don Sanderson	18:34	2.(41) Penny Basset	28:26
50 & Over			
1.(35) John Davies	22:52	Freda Bettany	DNF

TORNADOES INVITATIONAL MEET.....December 1st 1990

\*\*\*\*\*

The first international pool meet to be held in Cayman was an invitational meet between the Cayman National Team and the Tornadoes of Kingston, Jamaica. The Tornadoes are a young team of roughly the standard of our swimmers and their visit was the occasion of a great weekend of sport and friendship as well as a landmark in the history of swimming in these islands.

The Jamaican team consisted of 25 swimmers ranging in age from 8 to 12. They were accompanied by their Head Coach, Jackie Watler, two other coaches and a handful of parents. Most of the Tornadoes were accommodated in the homes of CIASA members and the Committee is most grateful for all the help and support given by parents of our swimmers. Since the Jamaican



team was unable to get a flight home until the Monday we had a day to spend together out on North Sound. All the children of both teams made many new friends and had a wonderful time.

The competition itself was fierce and the overall result hung in the balance until the very last races. Although the Tornados included some very fine swimmers, such as Lydia Gordon who completely dominated her 9-10 age group and shattered the previous record in each of her events, the Cayman team was stronger in more areas than the Jamaicans and the First C.I.A.S.A. Invitational Cup went to the home team. Events in which only Cayman swimmers participated were not taken into account in the reckoning of team points. Overall scores: CAYMAN - 367; TORNADOES - 258.

#### FULL RESULTS

\*\*\* = New Record (T) = Tornado

6 & under 25m Free - Girls		6 & under 25m Free - Boys	
(Record: Shauna Powell	24.92)	(Record: Stephen Ebanks	20.75)
1. Alexandra Whitty	23.02***	1. Nicholas Jones	21.04
2. Jean Sanderson	25.57	2. Alex Basset	22.96
3. Layla Scott	25.74	3. Jason Hislop	28.17
7 & 8 50m Free - Girls		7 & 8 50m Free - Boys	
(Record: Caroline Sullivan	40.40)	(Record: Robert Jones	42.90)
1. Kristina Abbott	45.11	1. Ramon James	41.98***
2. Shauna Powell	48.34	2. Robert Jones	43.43
3. Vicky Joseph	50.05	3. Stephen Ebanks	47.14
4. Jenna Treen	50.32	4. Matthew Lue (T)	50.55
5. Stacy Wright (T)	50.34	5. Patrick Clough	56.72
6. Jessica Basset	54.05	6. Steven Walsh	56.91
7. Lindsey Ross	56.63		
8. Dania Thomas (T)	57.64		
9. Ceili Fitzgerald	58.85		
10. Bianca Anderson (T)	59.38		
11. M. Harrison (T)	1:02.43		
9 & 10 50m Free - Girls		9 & 10 50m Free - Boys	
(Record: Lisa Buchanan	35.71)	(Record: Tristan Abbott	34.79)
1. Lydia Gordon (T)	34.50***	1. Andrew McKenzie (T)	33.70***
2. Lisa Abbott	34.87	2. Gregory Gordon (T)	35.25
3. Alicia Poyser (T)	39.10	3. Jake Treen	42.22
4. Jane Bettany	39.42	4. Joseph Clough	49.38
5. Tina Barton	41.69	5. Kirk Foster	49.58
6. Christine Hetley	42.52	6. Juergen Graesing	49.86
11 & 12 100m Free - Girls		11 & 12 100m Free - Boys	
(Record: Samantha Erskine	1:18.31)	(Record: Tristan Abbott	1:13.80)
1. Lisa Buchanan	1:15.88***	1. James Bettany	1:18.96
2. Samantha Erskine	1:17.47	2. Anthony Whitty	1:21.71
3. Leanne Buchanan	No time	3. Joel Treen	1:35.90
4. Lara Baugh (T)	1:27.70	4. Omari Orane (T)	1:39.06
5. Camille Donaldson (T)	1:29.21	5. Carl Williams (T)	1:45.51
6. Joanne Ruddy	1:33.43		
7. Hope Ramsey (T)	1:36.32		
8. Sabrina Welds (T)	1:42.16		
9. Simone Goubault	2:01.26		
13 & 14 100m Free - Girls		13 & 14 100m Free - Boys	
(Record: Caroline Marr	1:09.01)	(Record: Martin Leggatt	1:07.84)
No entry		1. Jason Bynoe	1:06.82***
		2. Oneil Roberts	1:09.33
		3. Graham Allen	1:16.97
		4. Dominic Ross	1:19.10
		5. Munair Simpson	2:05.39
15 - 18 100m Free - Girls		15 - 18 100m Free - Boys	
(Record: Caroline Marr	1:06.92)	(Record: John Lawrence	1:07.00)
No entry		1. Jonas Jones	1:06.75***

6 & under 25m Breast - Girls  
 (Record: Jean Sanderson 31.29)  
 1. Jean Sanderson 33.89  
 2. Layla Scott 35.10  
 3. Alexandra Whitty 35.90

6 & under 25m Breast - Boys  
 (Record: Nicholas Jones 28.03)  
 1. Nicholas Jones 28.88  
 2. Alex Basset 29.88  
 3. Jason Hislop 38.61

7 & 8 50m Breast - Girls  
 (Record: Kristina Abbott 57.72)  
 1. Kristina Abbott 59.72  
 2. Jessica Basset 1:01.04  
 3. Shauna Powell 1:03.08  
 4. Kayla Grandison (T) 1:06.24  
 5. Vicky Joseph 1:06.40  
 6. Lindsey Ross 1:08.53  
 7. Michelle Harrison (T) 1:08.63  
 8. Jenna Treen 1:11.46  
 9. Ceili Fitzgerald 1:12.24  
 10. Bianca Anderson (T) 1:18.13  
 Rochelle Gapere (T) Disq.

7 & 8 50m Breast - Boys  
 (Record: Robert Jones 54.24)  
 1. Jason Callender (T) 55.71  
 2. Robert Jones 59.66  
 3. Dennis Boothe (T) 59.67  
 4. Patrick Clough 1:01.22  
 5. Stephen Ebanks 1:01.32  
 6. Steven Walsh 1:15.24

9 & 10 50m Breast - Girls  
 (Record: Lisa Buchanan 47.28)  
 1. Lisa Abbott 49.76  
 2. Christine Hetley 50.15  
 3. Keri Ann Fenton (T) 50.48  
 4. Juliane James (T) 50.60  
 5. Jane Bettany 55.34  
 6. Jessica Hislop 1:00.55  
 Tina Barton Disq.

9 & 10 50m Breast - Boys  
 (Record: Jake Treen 55.45)  
 1. Andrew McKenzie (T) 47.48\*\*\*  
 2. Sattayah Chang (T) 54.26  
 3. Jake Treen 54.40  
 4. Joseph Clough 1:04.72  
 5. Kirk Fister 1:09.12  
 6. Juergen Graesing 1:13.90

11 & 12 100m Breast - Girls  
 (Record: Samantha Erskine 1:34.43)  
 1. Samantha Erskine 1:34.42\*\*\*  
 2. Lisa Buchanan 1:36.76  
 3. Leanne Buchanan 1:44.34  
 4. Lara Baugh (T) 1:51.45  
 5. Sabrina Welds (T) 1:53.55  
 6. Camille Donaldson (T) 1:59.34  
 7. Joanne Ruty 2:01.26  
 8. Simone Goubault 2:23.27

11 & 12 100m Breast - Boys  
 (Record: Tristan Abbott 1:36.07)  
 1. Anthony Whitty 1:54.61  
 2. Joel Treen 2:02.82  
 3. Carl Williams (T) 2:04.66  
 4. Omari Orane (T) 2:11.82

13 & 14 100m Breast - Girls  
 (Record: Tania Ebanks 2:40.92)  
 No entry

13 & 14 100m Breast - Boys  
 (Record: Jason Bynoe 1:27.09)  
 1. Jason Bynoe 1:25.39\*\*\*  
 2. Dominic Ross 1:38.12  
 3. Graham Allen 1:45.49  
 4. Munair Simpson 2:13.92

15-18 100m Breast - Girls  
 (Record: Caroline Marr 1:31.57)  
 No entry

15-18 100m Breast - Boys  
 (Record: Jonas Jones 1:28.91)  
 1. Jonas Jones 1:27.87\*\*\*

6 & under 25m Back - Girls  
 (Record: Alexandra Whitty 28.88)  
 1. Alexandra Whitty 29.27  
 2. Layla Scott 34.74  
 3. Jean Sanderson 36.07

6 & under 25m Back - Boys  
 (Record: Alex Basset 27.16)  
 1. Nicholas Jones 26.52\*\*\*  
 2. Alex Basset 26.55  
 3. Jason Hislop 36.66

7 & 8 50m Back - Girls  
 (Record: Shauna Powell 53.35)  
 1. Shauna Powell 54.17  
 2. Jessica Basset 1:00.27  
 3. Dania Thomas (T) 1:01.49  
 4. Stacy Wright (T) 1:02.12  
 5. Vicky Joseph 1:03.60  
 6. Ceili Fitzgerald 1:06.02  
 7. Jenna Treen 1:08.43  
 Kristina Abbott Disq.

7 & 8 50m Back - Boys  
 (Record: Robert Jones 53.95)  
 1. Ramon James (T) 1:02.01  
 2. Stephen Ebanks 1:02.52  
 3. Dennis Boothe (T) 1:20.15

9 & 10 50m Back - Girls  
 (Record: Lisa Abbott 43.87)  
 1. Lydia Gordon (T) 43.13\*\*\*  
 2. Lisa Abbott 43.72  
 3. Alicia Poyser (T) 47.76  
 4. Jane Bettany 48.26  
 5. Jessica Hislop 48.37  
 6. Christine Hetley 51.07  
 7. Tina Barton 52.27

9 & 10 50m Back - Boys  
 (Record: Anthony Whitty 48.76)  
 1. Gregory Gordon (T) 44.79\*\*\*  
 2. Andrew McKenzie (T) 47.28  
 3. Jake Treen 51.25  
 4. Juergen Graesing 1:07.36  
 5. Kirk Foster 1:21.63

11 & 12 100m Back - Girls  
 (Record: Samantha Erskine 1:33.58)  
 1. Samantha Erskine 1:33.91  
 2. Lisa Buchanan 1:34.55  
 3. Leanne Buchanan 1:43.32  
 4. Shelly Buchanan (T) 2:00.08

11 & 12 100m Back - Boys  
 (Record: James Bettany 1:27.30)  
 1. James Bettany 1:30.34  
 2. Anthony Whitty 1:38.64  
 3. Joel Treen 1:53.16

13 & 14 100m Back - Girls  
 (Record: Olivia Scott 2:15.12)  
 No entry

13 & 14 100m Back - Boys  
 (Record: Jason Bynoe 1:31.11)  
 1. Graham Allen 1:30.53\*\*\*  
 2. Oneil Roberts 1:36.74  
 3. Jason Bynoe 1:36.91  
 4. Dominic Ross 1:37.40

15-18 100m Back - Girls  
 (Record: Caroline Marr 1:28.09)  
 No entry

15-18 100m Back - Boys  
 (Record: Jonas Jones 1:30.30)  
 No entry

6 & under 25m Butterfly - Girls  
 (Record: Jean Sanderson 30.18)  
 1. Jean Sanderson 34.26  
 2. Alexandra Whitty 37.16  
 3. Layla Scott 39.13

6 & under 25m Butterfly - Boys  
 (Record: Alex Basset 33.43)  
 1. Alex Basset 31.37\*\*\*  
 2. Jason Hislop 40.26

7 & 8 50m Butterfly - Girls  
 (Record: Shauna Powell 59.92)  
 1. Shauna Powell 1:04.32  
 2. Stacy Wright (T) 1:06.12  
 3. Vicky Joseph 1:13.12  
 4. Lindsey Ross 1:14.42  
 5. Jessica Basset 1:15.91  
 6. Michelle Harrison (T) 1:22.17  
 7. Jenna Treen 1:22.26

7 & 8 50m Butterfly - Boys  
 (Record: Robert Jones 1:04.13)  
 1. Robert Jones 1:06.95  
 2. Steven Walsh 1:17.86  
 3. Patrick Clough 1:21.47  
 Stephen Ebanks Disq.

9 & 10 50m Butterfly - Girls  
 (Record: Lisa Abbott 46.15)  
 1. Lydia Gordon (T) 43.22\*\*\*  
 2. Lisa Abbott 45.72  
 3. Juliane James (T) 49.15  
 4. Jessica Hislop 52.12  
 5. Christine Hetley 52.25  
 6. Jane Bettany 53.14  
 7. Tina Barton 57.12

9 & 10 50m Butterfly - Boys  
 (Record: Jake Treen 57.78)  
 1. Andrew McKenzie (T) 43.63\*\*\*  
 2. Gregory Gordon (T) 45.33  
 3. Jake Treen 59.61  
 4. Juergen Graesing 1:13.45  
 Kirk Foster Disq.

11 & 12 100m Butterfly - Girls  
 (Record: Samantha Erskine 1:44.68)  
 1. Samantha Erskine 1:42.10\*\*\*  
 2. Leanne Buchanan 1:53.90

11 & 12 100m Butterfly - Boys  
 (Record: Tristan Abbott 1:30.29)  
 1. James Bettany 1:47.50  
 2. Anthony Whitty 1:54.38  
 3. Joel Treen 2:12.43

13 & 14 100m Butterfly - Girls  
 (Record: None)  
 No entry

13 & 14 100m Butterfly - Boys  
 (Record: Jason Bynoe 1:23.67)  
 1. Jason Bynoe 1:25.13  
 2. Oneil Roberts 1:40.65

15-18 100m Butterfly - Girls  
 (Record: Caroline Marr 1:24.60)  
 No entry

15-18 100m Butterfly - Boys  
 (Record: None)  
 1. Jonas Jones 1:32.58

6 & under 100m Ind. Medley - Girls

(Record: Jean Sanderson 2:32.61)  
 1. Alexandra Whitty 2:35.72  
 2. Jean Sanderson 2:39.32  
 3. Layla Scott 2:46.15

7 & 8 100m Ind. Medley - Girls

(Record: Kristina Abbott 2:01.07)  
 1. Shauna Powell 2:04.63  
 2. Kristina Abbott 2:12.82  
 3. Vicky Joseph 2:20.05  
 4. Jessica Basset 2:22.17  
 5. Kayla Grandison (T) 2:26.49  
 6. Lindsey Ross 2:27.56  
 7. Jenna Treen 2:30.15  
 Rochelle Gapere (T) Disq.

9 & 10 200m Ind. Medley - Girls

(Record: Lisa Abbott 3:31.92)  
 1. Lydia Gordon (T) 3:23.97\*\*\*  
 2. Lisa Abbott 3:30.10  
 3. Jane Bettany 3:56.11  
 4. Christine Hetley 3:56.25  
 5. Jessica Hislop 4:00.29  
 6. Tina Barton 4:22.95  
 Alicia Poyser Disq.

11 & 12 200m Ind. Medley - Girls

(Record: Samantha Erskine 3:21.90)  
 1. Samantha Erskine 3:25.15  
 2. Shelly Buchanan (T) 4:01.34  
 3. Sabrina Welds (T) 4:09.62  
 Leanne Buchanan Disq.

13 & 14 200m Ind. Medley - Girls

(Record: None)  
 No entry

15-18 200m Ind. Medley - Girls

(Record: Caroline Marr 2:56.60)  
 No entry

6 & under 100m Free Relay - Girls

(Record: Catriona Graesing;  
 Jean Sanderson; Layla Scott;  
 Alexandra Whitty 2:45.00)

1. Catriona Graesing  
 Jean Sanderson  
 Layla Scott  
 Alexandra Whitty 2:36.84\*\*\*

7 & 8 200m Free Relay - Girls

(Record: Kristina Abbott; Shauna  
 Powell; Vicky Joseph; Jenna Treen  
 3:33.39)

1. Kristina Abbott  
 Shauna Powell  
 Vicky Joseph  
 Jessica Basset 3:30.16\*\*\*

2. Rochelle Gapere (T)  
 Kayla Grandison (T)  
 Bianca Anderson (T)  
 Stacy Wright (T) 3:44.00

6 & under 100m Ind. Medley - Boys

(Record: None)  
 1. Alex Basset 2:13.92  
 2. Jason Hislop 2:50.86

7 & 8 100m Ind. Medley - Boys

(Record: Robert Jones 1:56.81)  
 1. Robert Jones 2:00.11  
 2. Ramon James (T) 2:03.80  
 3. Dennis Boothe (T) 2:30.56  
 4. Steven Walsh 2:34.23  
 5. Patrick Clough 2:34.55  
 Stephen Ebanks Disq.

9 & 10 200m Ind. Medley - Boys

(Record: Jake Treen 4:11.37)  
 1. Gregory Gordon (T) 3:32.84\*\*\*  
 2. Jake Treen 4:05.83  
 3. Sattayah Chang 4:09.96  
 4. Joseph Clough 5:12.12  
 5. Juergen Graesing 5:20.42  
 Kirk Foster Disq.

11 & 12 200m Ind. Medley - Boys

(Record: Tristan Abbott 3:06.87)  
 1. Jame Bettany 3:22.43  
 2. Anthony Whitty 3:47.55  
 3. Joel Treen 4:05.90

13 & 14 200m Ind. Medley - Boys

(Record: Jason Bynoe 2:53.43)  
 1. Jason Bynoe 2:55.17  
 2. Oneil Roberts 3:20.81  
 3. Graham Allen 3:21.35  
 4. Dominic Ross 3:25.64

15-18 200m Ind. Medley - Boys

(Record: Jonas Jones 3:17.42)  
 1. Jonas Jones 3:02.11\*\*\*

6 & under 100m Free Relay - Boys

(Record: Frank Geoghegan; Jason Hislop;  
 Alex Basset; Nicholas Jones  
 1:49.96)

No entry

7 & 8 200m Free Relay - Boys

(Record: Robbie Jones; Richard Grabow-  
 ski; Steven Walsh; Denison Miller  
 3:53.00)

1. Matthew Lue (T)  
 Dennis Boothe (T)  
 Ramon James (T)  
 Jason Callender (T) 3:30.65\*\*\*

2. Robert Jones  
 Patrick Clough  
 Steven Walsh  
 Stephen Ebanks 3:35.20

9 & 10 200m Free Relay - Girls (Record: Lisa Buchanan; Lisa Abbott; Jane Bettany; Keri Ingle 2:49.35)	9 & 10 200m Free Relay - Boys (Record: William Jones; Anthony Whitty; Jonathan King; Stuart Foster 2:25.24)
1. Alicia Poyser (T) Keri Ann Fenton (T) Lydia Gordon (T) Juliane James (T) 2:39.30***	1. Kirk Foster Juergen Graesing Joseph Clough Jake Treen 3:33.98
2. Christine Hetley Tina Barton Jane Bettany Lisa Abbott 2:49.13	
11 & 12 400m Free Relay - Girls (Record: Lisa Buchanan; Joanne Ruddy; Samantha Erskine; Leanne Buchanan 5:42.11)	11 & 12 400m Free Relay - Boys (Record: Anthony Whitty; Joel Treen; Tristan Abbott; James Bettany 6:32.06)
1. Joanne Ruddy Leanne Buchanan Samantha Erskine Lisa Buchanan 5:37.97***	1. Anthony Whitty Joel Treen James Bettany Tristan Abbott 5:43.06***
2. Christine Stephen Lara Baugh Hope Ramsay Shelly Buchanan 6:14.85	
13 & 14 400m Free Relay - Girls (Record: None) No entry	13 & 14 400m Free Relay - Boys (Record: Jason Bynoe; Oneil Roberts; Dean Ruddy; Dominic Ross 5:13.19)
	1. Jason Bynoe Oneil Roberts Graham Allen Dominic Ross 5:11.49***
15-18 400m Free Relay - Girls (Record: None) No entry	15-18 400m Free Relay - Boys (Record: None) No entry

#### DATES FOR YOUR DIARY

Saturday 5th January	TEXACO POOL MEET
Saturday 2nd March	5th Annual CUC SPORTSFEST POOL MEET
Saturday 6th April, 4pm	4th Annual CABLE AND WIRELESS HALF MILE SWIM
Sunday 14th April, 7am	6th Annual NABISCO TEAM TRIATHLON 1k swim; 25k bike-ride; 5k run.
Sunday 26th May, 8am	7th Annual LOBSTER POT ONE MILE SWIM
Saturday 8th June	LIONS CLUB POOL MEET Cayman Islands National Championships, 1991
Sunday 9th June, 3pm	MILO KIDS TRIATHLON
Saturday 29th June, 4pm	4th Annual JUNE BORDENS PIZZA SWIM RELAY
Saturday 21st September, 4pm	4th Annual TEXACO TWOSOME HALF MILE SWIM
Saturday 19th October, 4pm	7th Annual FOSTERS FOOD FARE HALF MILE SWIM
Sunday 27th October, 8am	12th Annual PIRATES WEEK THREE MILE SWIM
Friday 1st November	PIRATES WEEK KIDS TEAM TRIATHLON
Saturday 2nd November	PIRATES WEEK POOL MEET

These dates are provisional and subject to change. It is hoped, in the light of the success of the CIASA Invitational Pool Meet, that several international competitions involving our swimmers will be held during the year both here and abroad. We anticipate taking a team to the swimming events of the CARIFTA Games at Easter.

As always the Committee of the Cayman Islands Swimming Association would like to express sincere thanks to all those volunteer helpers who make it possible to run all these events and to our generous sponsors who help foot the bill. We look forward to a great year in 1991.