

SELECTION CRITERIA

Islands Games 2025 – 25m Pool



Competition Dates:	12-18 July 2025
Location:	Orkney, UK
Selection Events :	CCCAN Monterrey Mexico Olympic Games 2024 Coconuts Cup 2024 Nationals 2025 All CIASA approved events.

- 1) Team members must sign the 2024-25 RTC agreement. Team members not in good standing may be dismissed at any time at the discretion of the CIASA Board and/or The CIASA Technical director.
- 2) Swimmers must meet the following selection criteria to be eligible for the 2025 Island Games Team:
 - A. Swimmers must be 16 years of age or older on December 31st, 2025.
 - B. Achieve one or more of the World Aquatics 550 points described below.
 - C. Points will have to be acquired between the 1st of September, 2024 and the final date of June 1st 2025.
 - D. Points must be achieved in a sanctioned meet with automatic timing and AQUA or USA, CANADA, UK Swimming certified officials.
 - E. Swimmers must be eligible to represent the Cayman Islands based on residency requirements outlined by the Cayman Islands Island Games executive committee.
- 3) Final selection will be based on the available funding at the time of selection. Final team selection will be done from eligible swimmers on or before June 1st, 2025.
- 4) In the event more swimmers are eligible for selection than there is funding available the Cayman Islands AQUA System will be used for team selection. The following are the AQUA Selection System Criteria for the 2025 Island Games Team:
 - A. The two highest scoring events will be used for selection.
 - B. Swimmers will be ranked and selected based on the highest two event total regardless of the sex of the swimmer.
- 5) Eligible swimmers should expect to be training on their regular training schedule immediately following any and every spring competition the swimmer may have attended or would plan to attend.
- 7) The 2025 Islands Games is a rest competition for any swimmer selected for the team. Any swimmer selected for the team is expected to comply with the expectation to rest for

the 2025 Islands Games.

An exception to this expectation may be granted to swimmers who have qualified to represent the Cayman Islands at a later meet during the summer of 2025. To qualify for this exception, the individual must request this exception from the technical director in writing on or before the date of final team selection.

Events order:

DAY 1	DAY 2	DAY 3	DAY 4
July,13	July,14	July,15	July,16
M 1500m Free.	W 1500m Free.	M 100m I.Med	W 100m I.Med
W 400m I.Med	M 400m I.Med	W 400m Free.	M 400m Free.
M 200m Fly	W 200m Breast.	M 200m Back.	W 200m Fly
W 100m Fly	M 100m Fly	W 100m Breast.	M 100m Back.
M 100m Breast.	W 100m Back.	M 100m Free.	W 100m Free.
W 50m Breast.	M 50m Breast.	W 50m Free.	M 50m Free.
M 50m Back.	W 50m Fly	M 50m Fly	W 50m Back.
W 200m Free.	M 200m Free.	W 200m Back.	M 200m Breast.
M 200m I.Med	W 200m I.Med	M 800m Free.	W 800m Free.
W 4 x 50m Free. Relay	M 4 x 50m Free. Relay	M 4 x 100m Med Relay	W 4 x 100m Med Relay
M 4 x 50m Med Relay	W 4 x 50m Med Relay	W 4 x 100m Free. Relay	M 4 x 100m Free. Relay
			Mix 4 x 50m Free. Relay

For information, here are the times corresponding to 550 AQUA points. Times in yards will be converted with Swimswam's Real Times.

Women		550 Points AQUA	Men	
50m	25m	Events	25m	50m
00:28.81	00:27.98	50m Free	00:24.60	00:25.52
01:03.11	01:01.33	100m Free	00:54.12	00:57.19
02:17.73	02:14.68	200m Free	02:01.28	02:04.49
04:47.28	04:42.30	400m Free	04:19.05	04:28.60
09:51.69	09:42.70	800m Free	08:57.59	09:11.82
18:43.46	18:28.52	1500m Free	17:13.63	17:43.09
00:32.78	00:30.81	50m Back	00:26.98	00:28.74
01:09.97	01:06.99	100m Back	00:58.98	01:02.97
02:30.29	02:25.16	200m Back	02:08.92	02:16.60
00:35.59	00:34.62	50m Breast	00:30.45	00:31.67
01:18.27	01:16.11	100m Breast	01:07.47	01:09.42
02:47.88	02:44.24	200m Breast	02:26.65	02:33.15
00:29.81	00:29.75	50m Fly	00:26.54	00:27.18
01:07.71	01:05.96	100m Fly	00:58.31	01:00.35
02:28.67	02:24.98	200m Fly	02:10.41	02:14.67
	01:08.97	100m Ind Med	01:00.14	
02:33.93	02:28.73	200m Ind Med	02:13.80	02:19.14
05:24.59	05:16.04	400m Ind Med	04:46.59	04:55.97