



CAYMAN ISLANDS AQUATIC SPORTS ASSOCIATION

& CUC

***Presents***

**12 & Under 400m Sea Swim – Saturday 11th January 2024**

**400m**

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| --- | --- |
| **WHERE** | Governor’s Beach |
| **TIME** | Registration at Governor’s Beach from 3:00 pm to 3:45 pm  Race starts after completion of CUC 800m sea swim |
| **CUT-OFF TIME** | Cut off time 4:00pm |
| **COURSE** | Start/Finish at Governor’s Beach |
| **ENTRY FEE** | CI$10.00 |
| **AWARDS** | Ribbons and refreshments for all participants |

If weather conditions threaten the safety of the swimmers or organisers, the race may be cancelled at the discretion of the Race Director.

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**NAME DATE OF BIRTH AGE ANY MEDICAL CONDITIONS? YES NO**

**(if YES, list details above)**

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**PHONE NUMBER EMAIL**

**PLEASE CIRCLE YOUR DIVISION CODE**

|  |  |  |
| --- | --- | --- |
| **AGE GROUP** | **MALE & FEMALE** | **RACE NUMBER** |
| OPEN | Z |  |

***DECLARATION AND DISCLAIMER OF LIABILITY***

YOUR ATTENTION IS BROUGHT TO THE FOLLOWING WHICH YOU SHOULD READ CAREFULLY

By completing this form, I declare, verify and understand that:

1. I am physically fit for the event, I am a competent swimmer and I have no medical reasons why I should not participate in this event.
2. I agree to abide by all of the event regulations stated.
3. I agree to participate entirely at my own risk, the extent of which I fully appreciate, and I waive all possible rights that I may have, or my heirs or dependents may have, as a result of any injury, loss to property or death which may occur as a result of my participation in this event, in consideration of me participating in this event.
4. I accept that no liability whatsoever will attach to CIASA, the organisers, sponsors, volunteers or anyone else involved with Cayman swimming and that they are in no way responsible for the safety of any swimmer, in consideration of me participating in this event.
5. I consent to the use of photographic images of myself in official event photos.

**Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**SWIMMER GUARDIAN (if swimmer is under 18 years old)**

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