

2024						
JULY	SAT	6				
	SUN	7				
	SAT	13	CIASA	SW	Summer Finale- Lions Pool/CIASA	Qual B/C
	SUN	14	CIASA	SW	Summer Finale - Lions Pool/CIASA	Qual B/C
	SAT	20				
	SUN	21				
	SAT	27			Olympics Games Paris	Qual A
	SUN	28	CIOC	SW		
SAT	3					
SUN	4					
AUGUST	SAT	10				
	SUN	11				
	SAT	17				
	SUN	18	CIASA	AS	22-25th Peru PanAm	Qual A
	SAT	24				
	SUN	25				
	SAT	31				
	SUN	1				
SEPTEMBER	SAT	7				
	SUN	8				
	SAT	14	CIASA	OW	Fraser Properties Open Water Relays	
	SUN	15				
	FRI	20	CIASA	ALL	Kick Off Festival SW/AS/OW. FRIDAY NIGHT CLUB RELAYS ( talk 4-5pm, CBAY pool 5-7pm)	
	SUN	22				
	SAT	28				
	SUN	29				
OCTOBER	FRI	4	CBAC	AS	Figures Competition	
	SAT	5	CBAC	SW	CBAC Kick Off ( 2 sessions)	Qual B/C
	SUN	6	CBAC	SW	CBAC Kick Off ( 1 session)	Qual B/C
	SAT	12	CIASA	OW	Foster's 39th annual 800m/400msea swim	
	SUN	13				
	SAT	19			Half term for all schools apart from CIS	
	WED	23	CIASA	ALL	AGM	
	Fri	25	CIASA		Dev Team training Camp	
	SAT	26	CIASA		Dev Team training Camp	
SUN	27	CIASA	EV	Awards Brunch ( Location TBD)		
NOVEMBER	SAT	2				
	FRI	8	SKY	SW	Mike Lockwood Memorial (1 session PM)	Qual B/C
	SAT	9	SKY	SW	Mike Lockwood Memorial (1 session AM)	Qual B/C
	SUN	10	SKY	SW	Mike Lockwood Memorial (1 session AM)	Qual B/C
	SAT	16	CIASA/FG	OW	Pirates Week (8-17th) Hog sty - Half mile	
	SUN	17	CIASA	ow	3/5/10KM KPMG	Qual B
	SAT	23				
	FRI	29	CBAC	SW	Coconut cup (PM Session)	Qual B
SAT	30	CBAC	SW	Coconut cup (Heats & Finals)	Qual B	
DECEMBER	SUN	1	CBAC	SW	Coconut cup (Heats & Finals)	Qual B
	SAT	7				
	SUN	8				
	SAT	14	CIASA	SW/AS	10th to 15th World Championships 25m - Budapest / AS Holiday Synchro show	Qual A
	SUN	15				
	SAT	21				
	SUN	22				
	SUN	28				
SAT	29					
2025						
JARY	SAT	4				
	SUN	5				
	SAT	11	CIASA	ow	CUC 36th annual 800m / 400m sea swim	
	SUN	12				

JANU	SAT	18				
	FRI	24	SKY	sw	Penny Memorial Meet (1 session PM)	Qual B/C
	SAT	25	SKY	sw	Penny Memorial Meetl (1 session AM)	Qual B/C
	SUN	26	SKY	sw	Penny Memorial Meet (1 session AM)	Qual B/C
FEBRUARY	SAT	1	CIASA	ow	CIASA Nationals 5K Open water swim	Qual B/C
	SUN	2				
	SAT	8				
	SUN	9				
	SAT	15				
	SUN	16				
	FRI	21	CIASA		Golf Day- Register with Sarah Sellars	
	SAT/SUN	22/23				
MARCH	SAT	1				
	SUN	2				
	THU	6	CIASA	sw	NATIONALS (Camana Bay Sports Complex)	Qual B/C
	FRI	7	CIASA	sw	NATIONALS	Qual B/C
	SAT	8	CIASA	sw	NATIONALS / AS show intersession	Qual B/C
	SUN	9	CIASA	sw	NATIONALS	Qual B/C
	SAT	15			Coaches meeting CARIFTA qualif	
	SUN	16				
	SAT	22	CIASA	ow	Integra 400M & 800M (TBC)	
	SUN	23				
APRIL	SAT	5	CBAC	sw	CBAC Spring Splash ( 2 Sessions)	Qual B/C
	SUN	6	CBAC	sw	CBAC Spring Splash ( 1 Session)	Qual B/C
	SAT	12	CIASA	ow	Integra 400M & 800M (TBC)	
	SUN	13				
	SAT	19	CIASA	sw/ow	CARIFTA 19th-21st Open Water 23rd-24th	Qual A
	SUN	20				
	SAT	26				
	SUN	27				
MAY	SAT	3	CIASA/CIOC	sw/ow	1st PanAmerican Aquatics Championships - Medellin TBC	
	SUN	4	CIASA/LIONS	sw	Brac Meet	
	SAT	10	SKY/LIONS	sw	Lions Swim Meet.	Qual B/C
	SUN	11				
	SAT	17	CIASA	sw/sw	World Invitational 16th-18th Mare Nostrum - Monaco	
	SUN	18				
	SAT	24	CIASA	ow	Butterfield Sea Swim	
	SUN	25	CIASA	sw	Mare Nostrum - Canet-en-Roussillon	Qual A
JUNE	SAT	31				
	Sun	1				
	FRI	6	SKY	sw	LVK (1 session PM)	Qual B/C
	SAT	7	SKY	sw	LVK - AS Swimming Summer Showcase	Qual B/C
	SUN	8	SKY	sw	LVK (1 session AM)	Qual B/C
	SAT	14	FLOWERS/CIASA	ow	Flowers Sea Swim	
	SUN	15				
	SAT	21	CIASA	sw/ow	CCCAN TBC	Qual A
SUN	22	CIASA	sw/ow	CCCAN TBC	Qual A	
JULY	SAT	28				
	SUN	29				
	SAT	5	CIASA	sw	Summer Finale Meet/CIASA (1 session AM)	Qual B/C
	SUN	6	CIASA	sw	Summer Finale Meet/CIASA (1 session AM)	Qual B/C
	FRI	11	CIASA/CIOC	sw/ow/as	World Championships 50m Singapore July 11th- 3rd August	Qual A
	SAT	12	IGC/CIOC	sw	Island Games - Orkney 12th-18th	Qual B/C
	SUN	13				
	SAT	19				
SUN	20					
SAT	26					
SUN	27					
	SAT	2				

AUGUST	SUN	3				
	SAT	9	CIOC	sw/ow	Junior PanAmerican Games 9th-23rd August Paraguay	
	SUN	10				
	SAT	16				
	SUN	17				
	SAT	23	CIASA	sw/ow	World Junior Swimming Championships - Romania 19th-24th	